



utah department of  
**human services**



## School Safety & Crisis Tip Line



# What is SafeUT

§ SafeUT is a Crisis Chat Line and a School Safety Tip Line developed for Utah students, parents, and educators

§ SafeUT began enrolling schools in January 2016

§ 2019 continued Legislative support of SafeUT:  
HB373 – Student Support Amendments (Chief Sponsor: Rep. Steve Eliason)



# WHAT IS SAFEUT

The SafeUT Commission continues to help develop and implement the program in Utah schools. The commission is represented by:

- § Utah Attorney Generals Office
- § Utah State Legislature
- § University of Utah Neuropsychiatric Institute (UNI)
- § Utah System of Higher Education
- § Utah State Office of Education
- § University of Utah Health IT Department
- § Utah Department of Human Services

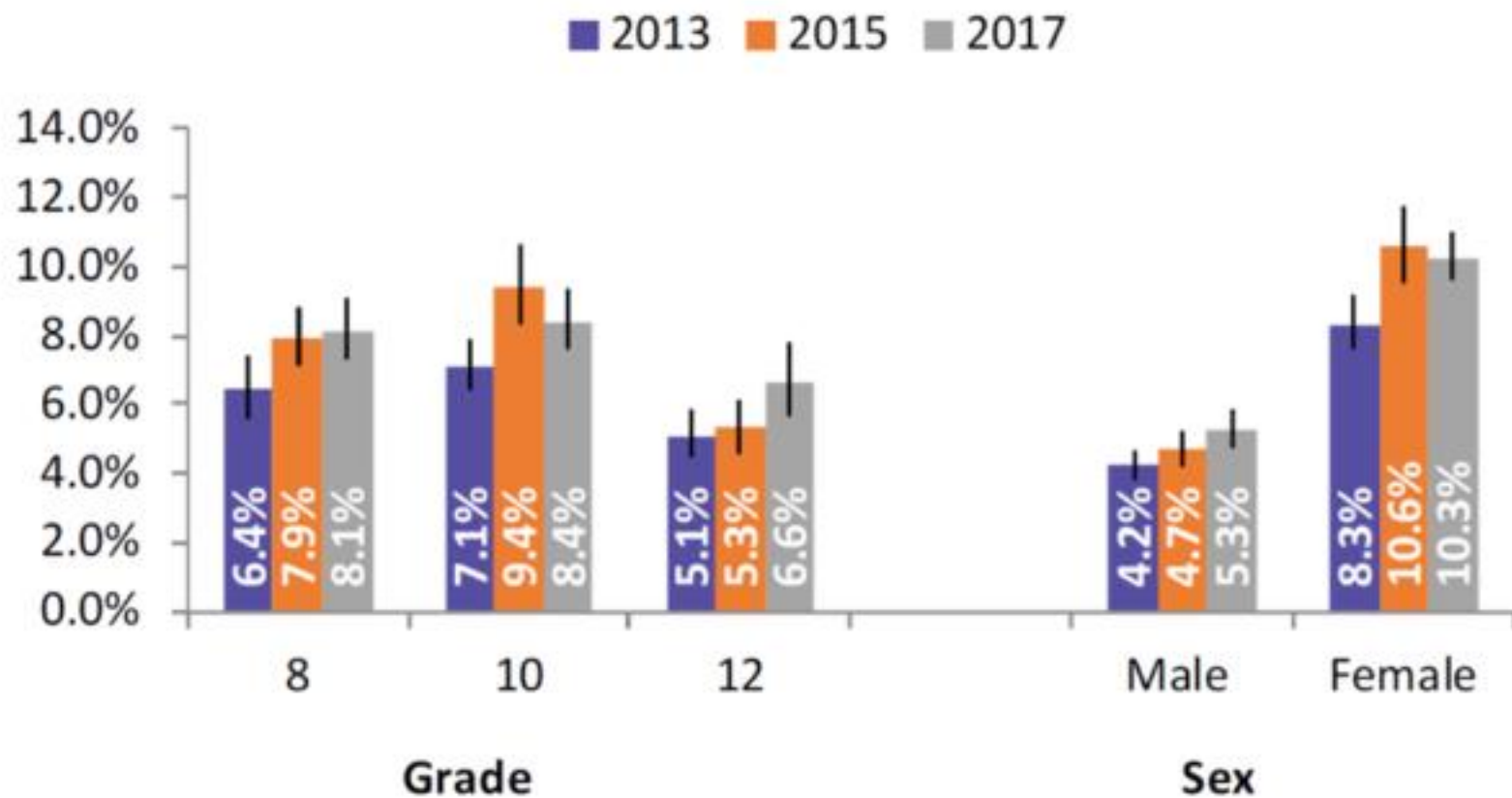
# Why SafeUT?

- § Suicide is the **leading cause of death** for Utahns aged 10-24
- § According to the 2017 Youth Risk Behavior Survey, during the past 12 months before the survey Utah high school students reported the following:
  - 33.0%** felt sad or hopeless, **21.6%** seriously considered attempting suicide, **17.1%** made a suicide plan, **9.6%** attempted suicide one or more times and **4.0%** of these students suffered an injury, poisoning, or an overdose that had to be treated by a doctor or nurse.



# Why SafeUT?

Figure 29: Percentage of Utah Students (Grades 8, 10, 12) Who Made a Suicide Attempt in the Past 12 Months by Grade and Sex, Utah, 2013, 2015, 2017







## UNI & Our Role in SafeUT

We are a comprehensive behavioral health system providing inpatient services as well as extensive outpatient services to the community of Salt Lake City, the State of Utah and the Mountain West region.

Our community based **Crisis and Diversion Services** are a critical component to the continuum of care. We provide Crisisline, Warmline, MCOT and SafeUT services to 24 out of our Crisis Contact Center in Downtown Salt Lake City.





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How Does It Work?

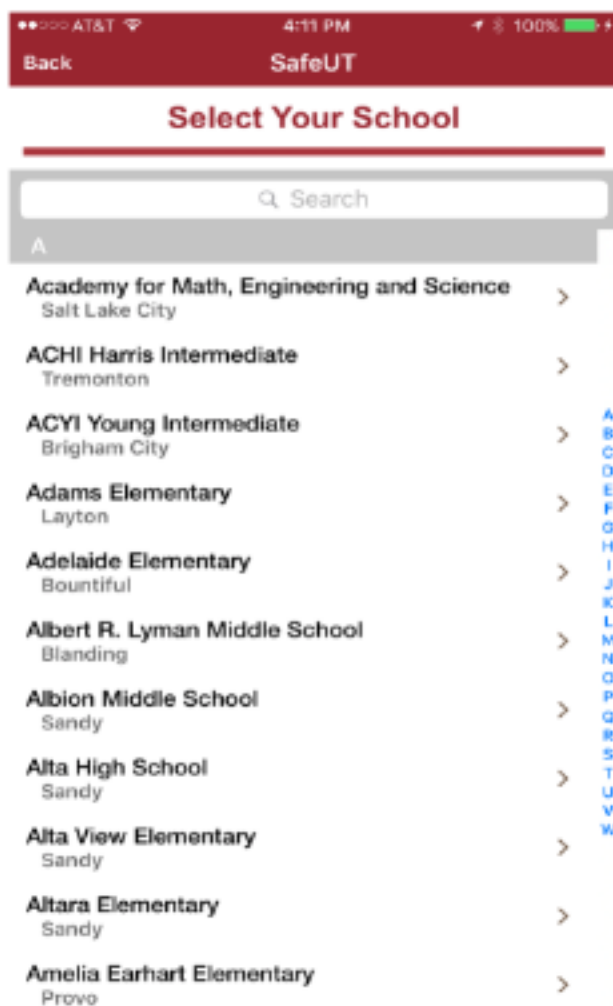
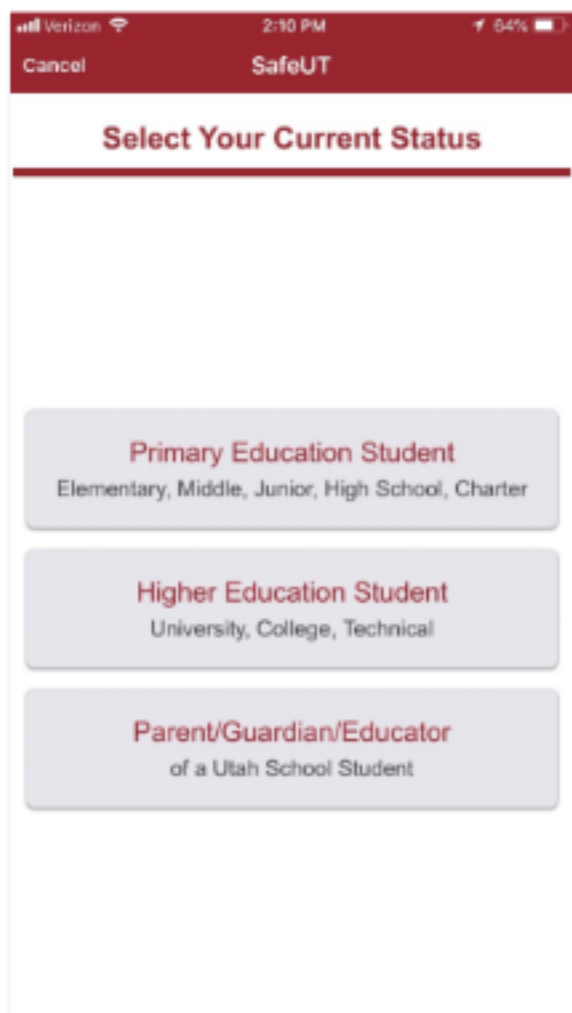
# Features of SafeUT

- **Submit a Tip** - Concerns about school safety (weapons, bullying, self-harm, drugs etc.) are immediately sent to both SafeUT staff and the school to evaluate
- **Start a Chat** - Therapeutic dialogue through texting with a SafeUT Licensed Crisis Worker
- **Start a Call** – Therapeutic dialogue through a phone conversation with a SafeUT Licensed Crisis Worker

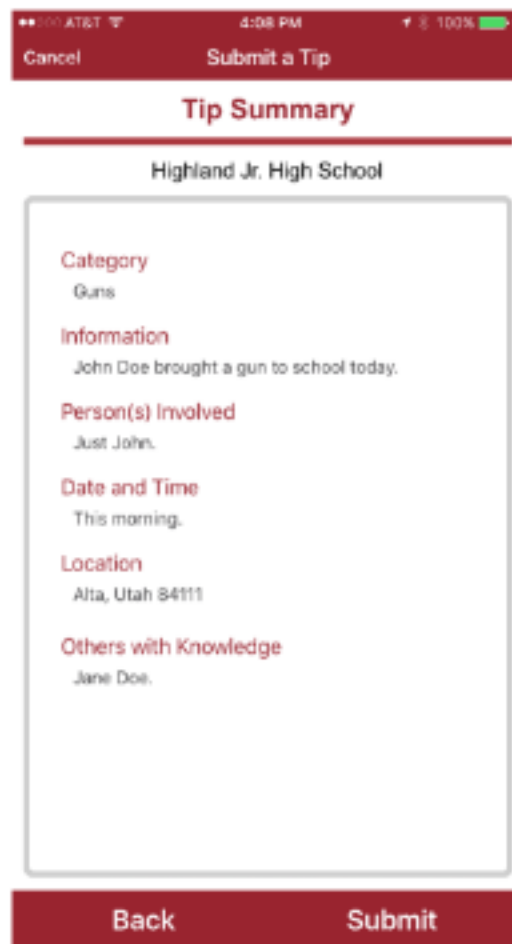
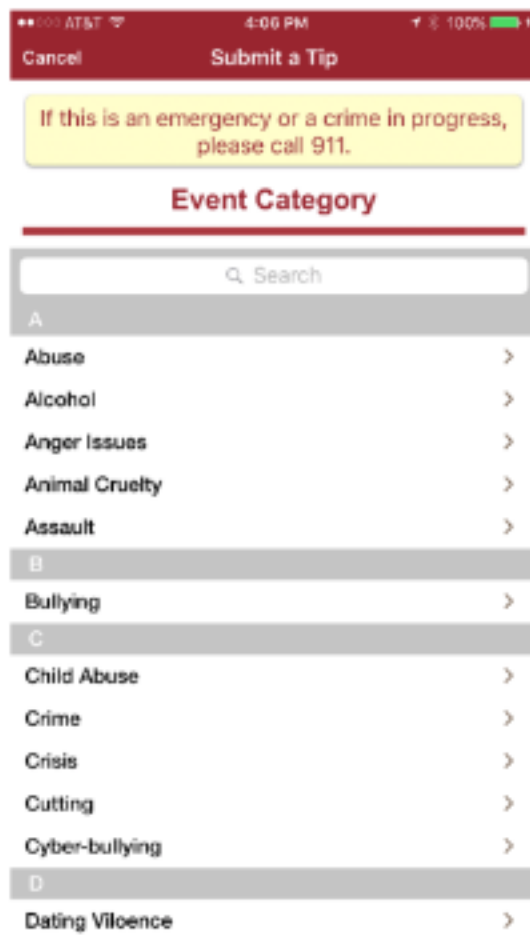
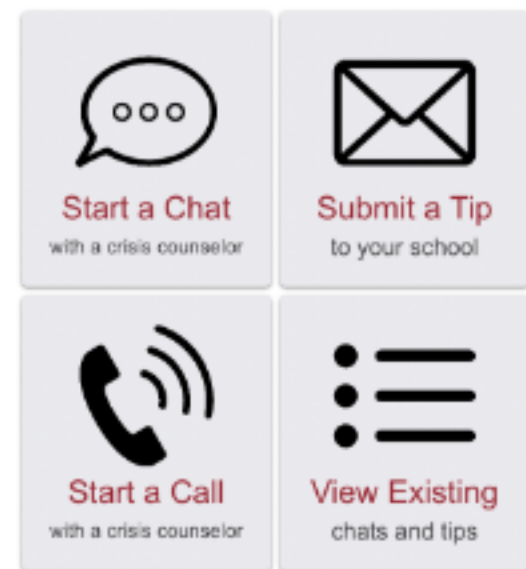




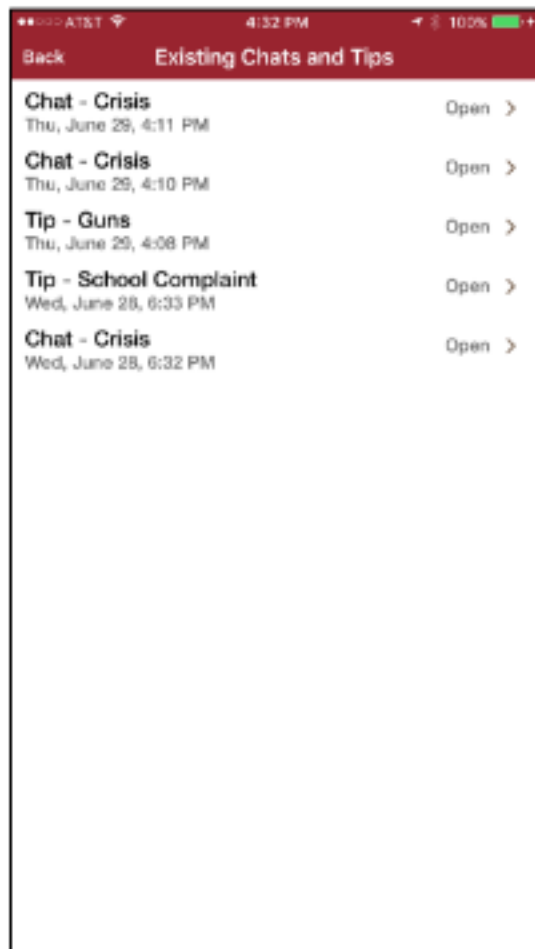
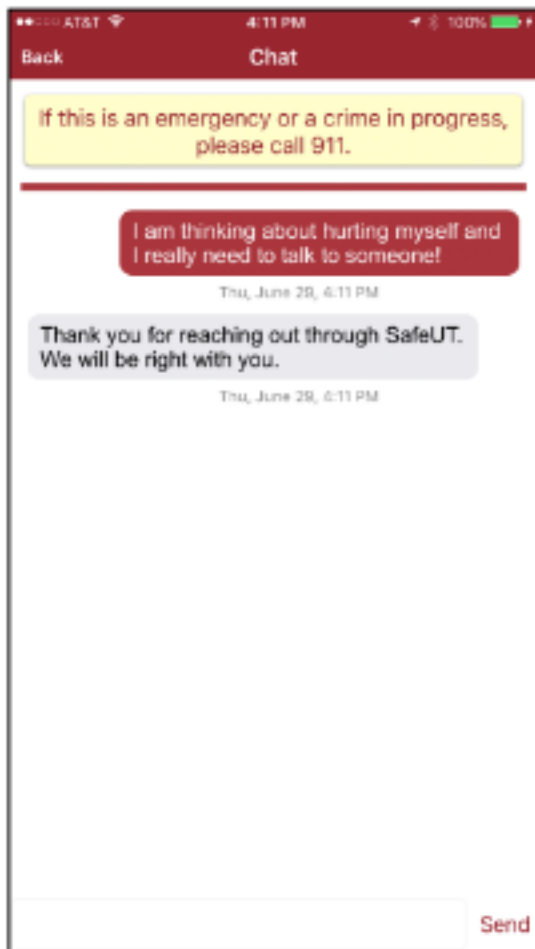
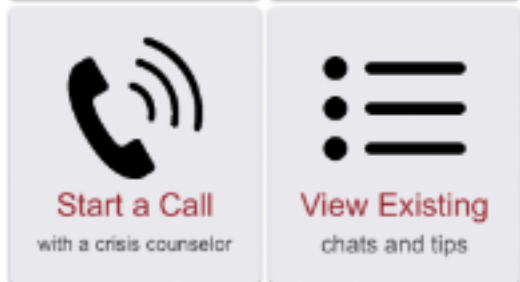
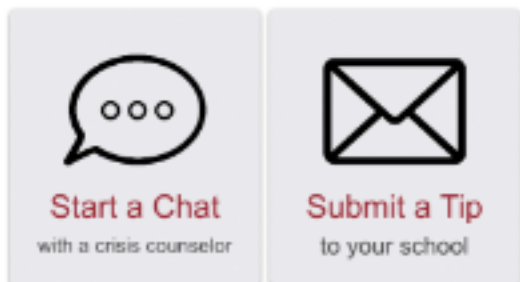
# How to **Sign in** to SafeUT



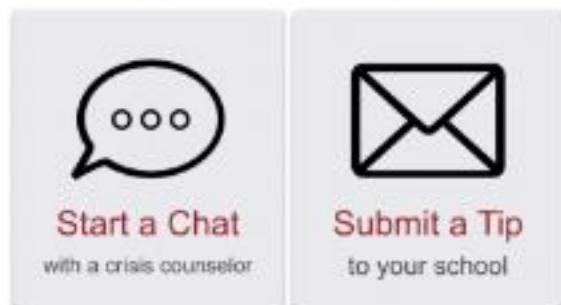
# How to Submit a **Tip** through SafeUT



# How to Start a **Chat**



# How to Start a **Call**





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## SafeUT Enrollment & Utilization

# SafeUT Enrollment

As Of November 30, 2019

| School Type                     | # Students Enrolled | % Students Enrolled | Notes   |
|---------------------------------|---------------------|---------------------|---|
| K-12 Public School              | 534,750             | 92.71%              | We are enrolled in all public high school and middle schools. 111 Elementary schools have yet to enroll.                |
| K-12 Charter School             | 68,267              | 90.34%              | We continue to enroll charter schools.  |
| K-12 Private School             | 5,917               | 40.13%              | We continue to enroll private schools.  |
| Public University/Tech Colleges | 190,599             | 100.00%             | We are enrolled in all 8 USHE Institutions and all 8 UTECH schools. Working with Westminster, BYU, LDS Business College |



# SafeUT Utilization

July 1, 2017 – November 1, 2019

qChats – **46,980**

§ Including 1,082,533 threads

§ 23 average threads per chat

q Tips – **24,228**

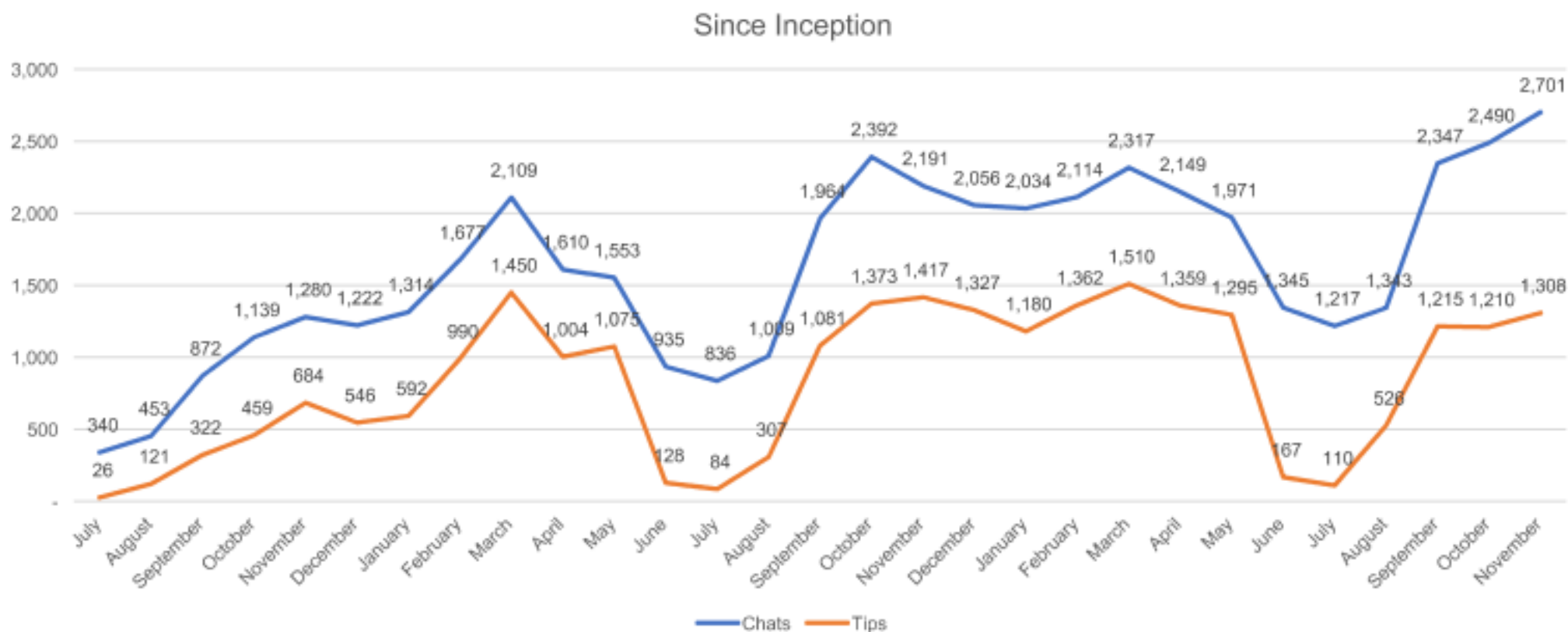
§ Including 80,019 threads

§ 3 average threads per tip



# SafeUT Utilization – Total Schools

July 1, 2017 – October 31, 2019

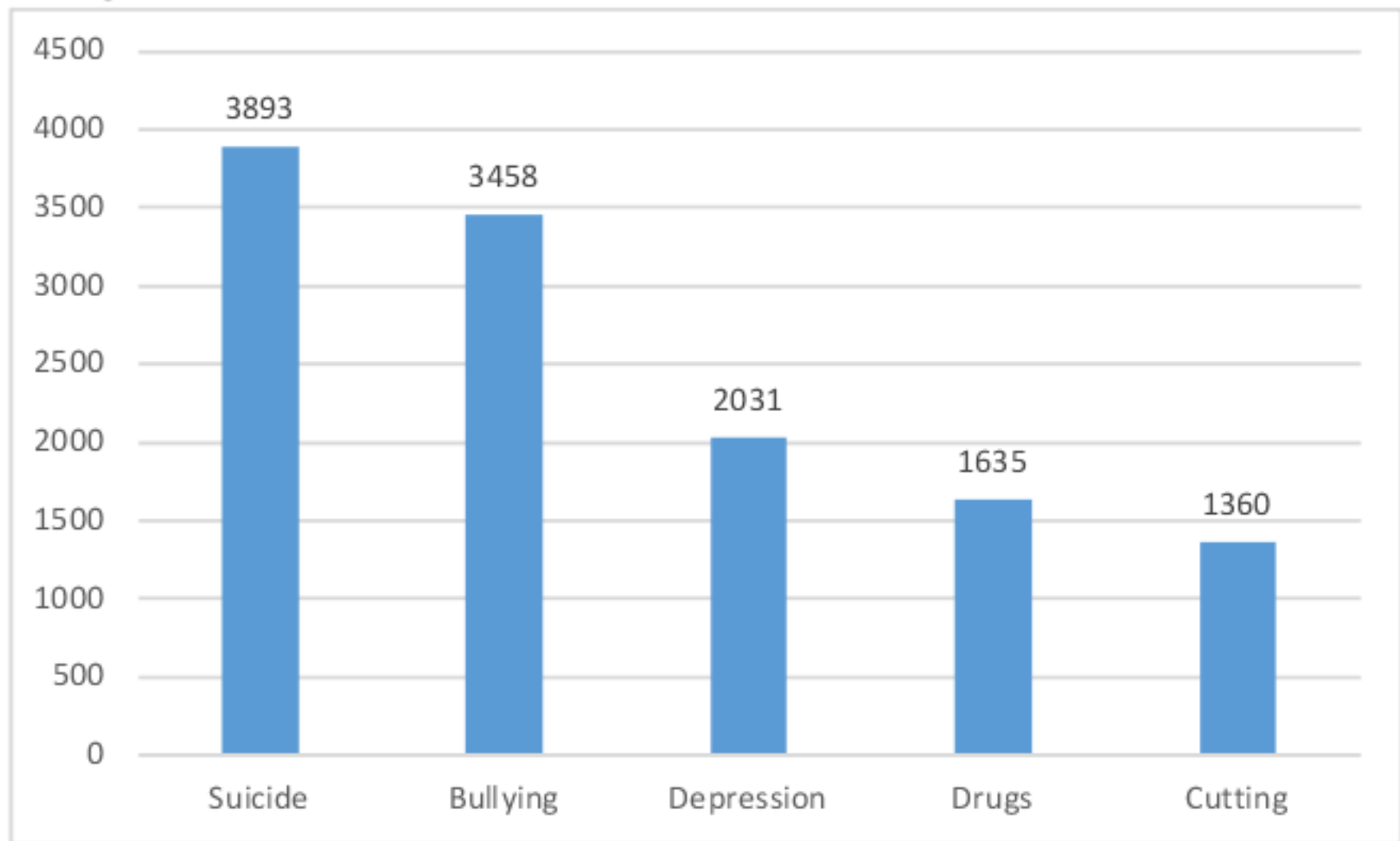






# SafeUT Top Tip Topics

July 2017 – October 2019





## Success Stories

qA student used SafeUT to call the Crisis Line as he was actively thinking about walking into traffic. SafeUT staff were able to contact local Police and the school who worked together to locate the student and ensure his safety.

qA concerned friend sent a Tip and school officials were able to stop a fight where a student was being bullied after his parent died by suicide.

qA student took a cocktail of medications as a suicide attempt before school. After being reminded of SafeUT at an assembly that school morning, he sent in a chat to ask for help.



## Success Stories

- q Multiple tips came in about a potential school threat. SafeUT, working in collaboration with local authorities and the school, verified the tips. Police were sent to the student's home where they found homemade pipe bombs in various stages of completion.
- q A mother of a student who has dealt with mental health issues most of his life stated "I thought him and I were in a good place, I felt he could talk to me about his feelings and he seemed to be doing so much better. Without me knowing, he went on Instagram and posted three back to back messages stating he was going to kill himself. His friends saw the posts and immediately sent tips into SafeUT. They contacted the police and I got a phone call from the officer who was at my front door. My son and the officer talked and we were able to get him immediate help. I am amazed at the efficiency of SafeUT, from the initial posts to the officer knocking on my door was less than 10 minutes".



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THANK YOU