



RESOLUTION OF THE NATIONAL ASIAN PACIFIC AMERICAN CAUCUS OF STATE LEGISLATORS

To Recognize September as Cholesterol Education Month and September 1, 2023 as LDL-C Awareness Day

WHEREAS, the National Asian Pacific American Caucus of State Legislators (NAPACSL) consists of 208 state legislators from 37 states with Asian or Pacific Islander ancestry; and

WHEREAS, the American Heart Association (AHA) defines cholesterol as waxy, fat-like substance circulating in the blood; and

WHEREAS, the Centers for Disease Control and Prevention (CDC) identifies two types of cholesterol: low-density lipoprotein cholesterol (LDL-C) and high-density lipoprotein (HDL-C); and

WHEREAS, LDL-C contributes to fatty build ups in the arteries, and HDL-C carries LDL-C away from the arteries and back to the liver; and

WHEREAS, high cholesterol, also called hypercholesterolemia, is the chronic presence of high levels of LDL-C in the blood that can lead to cardiovascular disease; and

WHEREAS, the AHA explains that cardiovascular disease can refer to a number of conditions, including heart disease, atherosclerosis, heart attack, stroke, heart failure, arrhythmia, and heart valve problems; and

WHEREAS, according to the CDC, nearly 94 million adults in the United States have high cholesterol; and

WHEREAS, the CDC estimates that someone in the United States has a heart attack every 40 seconds, but 80% of heart attacks are preventable; and

WHEREAS, CDC reported in 2019 that 24.7% of Non-Hispanic Asian American adults age 20 and over have high cholesterol; and

WHEREAS, researchers with the Family Heart Foundation found that despite the availability of effective treatments for high cholesterol, 71% of hypercholesterolemia patients at high risk for heart attack and stroke never achieve LDL-C levels below recommended thresholds; and

WHEREAS, the LDL-C Action Summit, a consortium of the nation's leading cardiovascular stakeholder groups, seeks to cut cardiovascular events in half by 2030; and

WHEREAS, the CDC's Million Hearts Program is a national initiative to prevent one million heart attacks and strokes between 2022 and 2027; and

WHEREAS, the CDC views high cholesterol as a modifiable risk factor for cardiovascular disease, including heart and stroke; and

WHEREAS, September is recognized as national Cholesterol Education Month to raise awareness of cardiovascular disease and the importance of knowing one's LDL-C number;

THEREFORE, BE IT RESOLVED, that the National Asian Pacific American Caucus of State Legislators urges healthcare providers to treat all cardiovascular disease patients in accordance with American College of Cardiology treatment guidelines, and be it further

RESOLVED, that the members of this caucus recognize September 2023 as Cholesterol Education Month, and September 1, 2023 as LDL-C Awareness Day.

SPONSORED BY: Representative My-Linh Thai, Washington

ADOPTED ON: August 13, 2023, Indianapolis, Indiana

CERTIFIED BY: Senator Scott Kawasaki, Alaska, NAPACSL Treasurer