



Upstream Strategies: Pregnancy and Newborn Supports for New Parents



NCSL Child Welfare Fellows | June 27, 2023

<https://bit.ly/NCSLCWF2023>





What is Home Visiting?



Voluntary



Trained Professionals



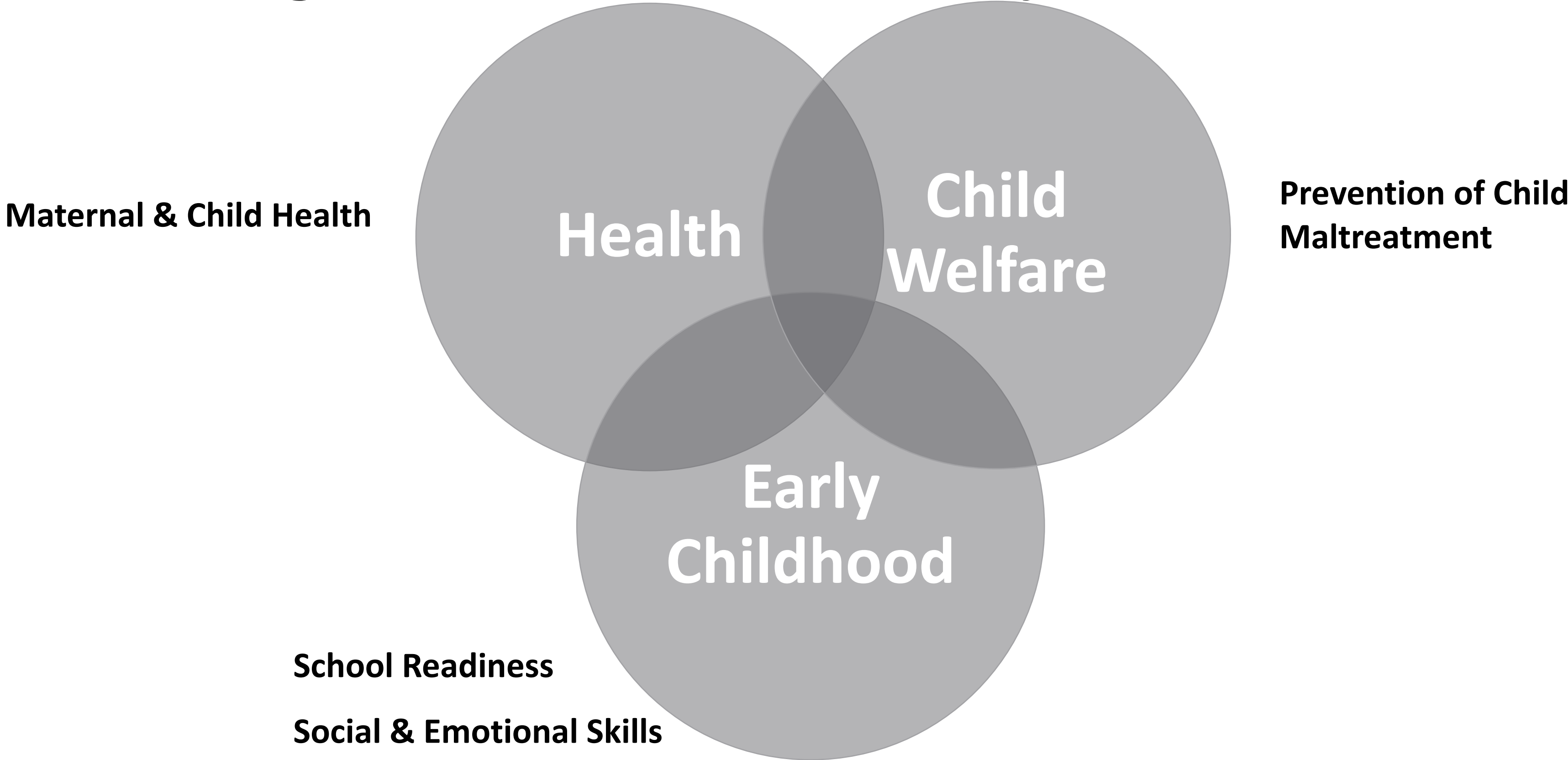
Evidence-based



Prevention-oriented



Home Visiting Intersects with Numerous Policy Domains



History of Home Visiting in the U.S.

1899

Mary Richmond publishes her manual for home visiting, "Friendly Visiting Among the Poor: A Handbook for Charity Workers."

1935

Congress passes Title V, the Maternal and Child Health Program.

1960s

The War on Poverty emphasizes support for early child care and development.

1994

Head Start expands home visiting to children from birth to age 3 (Early Head Start).

1974

Congress passes the Child Abuse Prevention and Treatment Act

1970s

C. Henry Kempe proposes home health visiting to prevent child abuse and neglect.

2009

HHS launches HomeVEE to review the evidence base for home visiting models.

2010

Congress invests \$1.5 B in home visiting through Maternal, Infant, Early Childhood, Home Visiting (MIECHV) program.

2018

Congress reauthorizes MIECHV funding for an additional five years.

2021

American Rescue Plan Act \$150 M to support MIECHV.

2022

Congress reauthorizes MIECHV funding for an additional five years (first-ever funding increase).





Funding Streams

To support home visiting

Maternal, Infant, Early Childhood,
Home Visiting (MIECHV)

Title V MCH
Block Grant

Substance Abuse and
Mental Health Services

Medicaid (administrative or medical
assistance to women and children)

Temporary Assistance for
Needy Families (TANF)

Child Abuse Prevention
and Treatment Act (CAPTA)

Early Head Start

State general
fund, required
state matches
and other
state and local
special funds
(e.g., tobacco
settlement
and taxes)

Source: Johnson Group



Evidence of Model Effectiveness

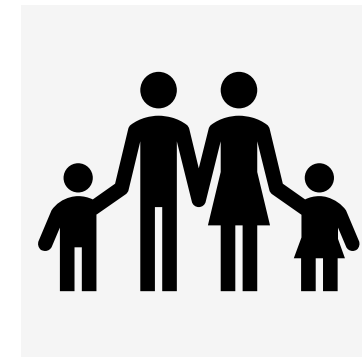
- Child development and school readiness
- Child health
- Family economic self-sufficiency
- Linkages and referrals
- Maternal health
- Positive parenting practices
- Reduction in child maltreatment
- Reductions in juvenile delinquency, family violence and crime

Model Name	Positive Parenting	Health	Development and School Readiness	Child Maltreatment	Economic Self-Sufficiency	Family Violence and/or Crime	Linkages and Referrals
Attachment and Behavioral Catch-Up (ABC)	•	•	•				
Child First		•	•	•			•
Early Head Start (EHS)	•	•	•	•	•		•
Early Intervention Program for Adolescent Mothers		•			•		
Early Start (New Zealand)	•	•	•	•			
Family Check-Up for Children	•	•	•				
Family Connects	•	•					•
Family Spirit	•	•	•				
Health Access Nurturing Development Services (HANDS)		•		•	•		
Healthy Beginnings	•	•	•				
Healthy Families America (HFA)	•	•	•	•	•	•	•
Home Instruction for Parents of Preschool Youngsters (HIPPY)	•		•				
Maternal Early Childhood Sustained Home Visiting Program (MECSH)	•	•					
Minding the Baby		•					
Nurse-Family Partnership (NFP)	•	•	•	•	•	•	
Parents as Teachers (PAT)	•		•	•	•		
Play and Learning Strategies (PALS)	•		•				
SafeCare	•	•	•	•			•





Legislative Action



Model Specific



Targeted vs. Universal



Research



Funding



Resources

- **NCSL Resources**

- [Webpage](#) | Home Visiting: Improving Outcomes for Children
- [Report](#) | Early Childhood Home Visiting: What Legislators Need to Know
- [Legislative database](#) | Early Childhood including home visiting

- **External Resources**

- [National Home Visiting Resource Center](#)
 - [Annual Yearbook](#)
- [Institute for the Advancement of Family Support Professionals](#)

- **Let's Connect**

- Alison.May@ncsl.org
- 720-713-0319



Expert Panelists



Lynn Tiede

Healthy Families America
Public Policy Deputy



Tara Gordon

Nurture the Next
Program Officer



Hannah Davis

Nurture the Next
Family Support Specialist





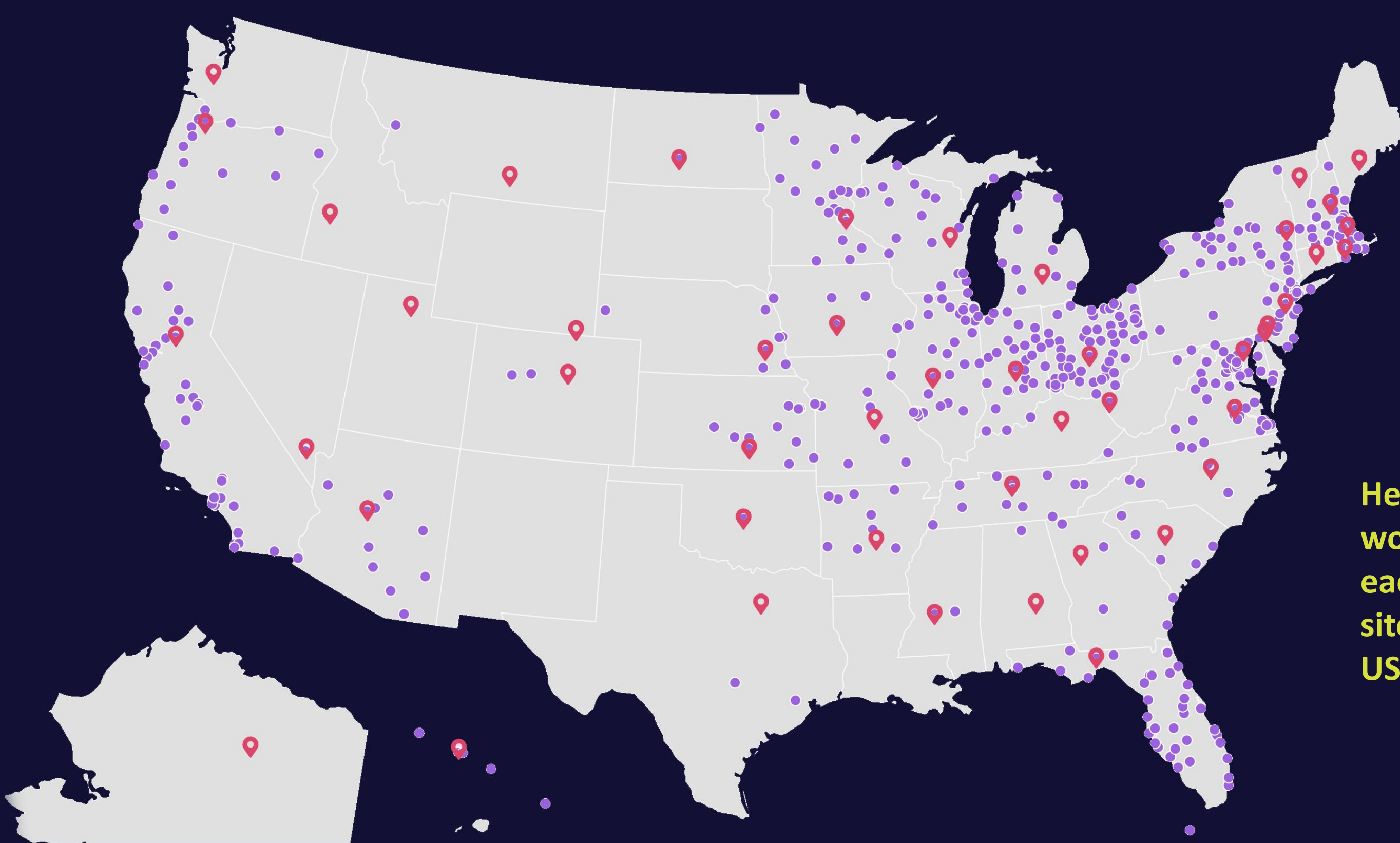
All children and families live a purposeful and happy life with hope for the future.

NCSL Child Welfare Fellows

June 27, 2023



Home visiting makes **families**
children
communities stronger.



**Healthy Families America
works with 70,000 families
each year, with nearly 600
sites in 38 states, DC, and five
US territories**

■ HFA Affiliate Sites ■ PCA America Chapters

“The biggest impact [to me] would be all the parenting skills. I was young when I first became a mom, and I didn’t have all those tools. HFA makes me a better mom, a better person.”

• ASHLEY, NEBRASKA



HFA
Advantage:
How we get
results



Relational
Health &
Attachment



Trauma
Informed
Practice



Reflective
Capacity

Decades of research have shown positive results and sustained impact with HFA families



**Reduced
recurrence of
maltreatment
by 1/3**



5x
more likely to
enroll in school or
training programs



27%
fewer families
were homeless



48%
fewer
low-birthweight
infants



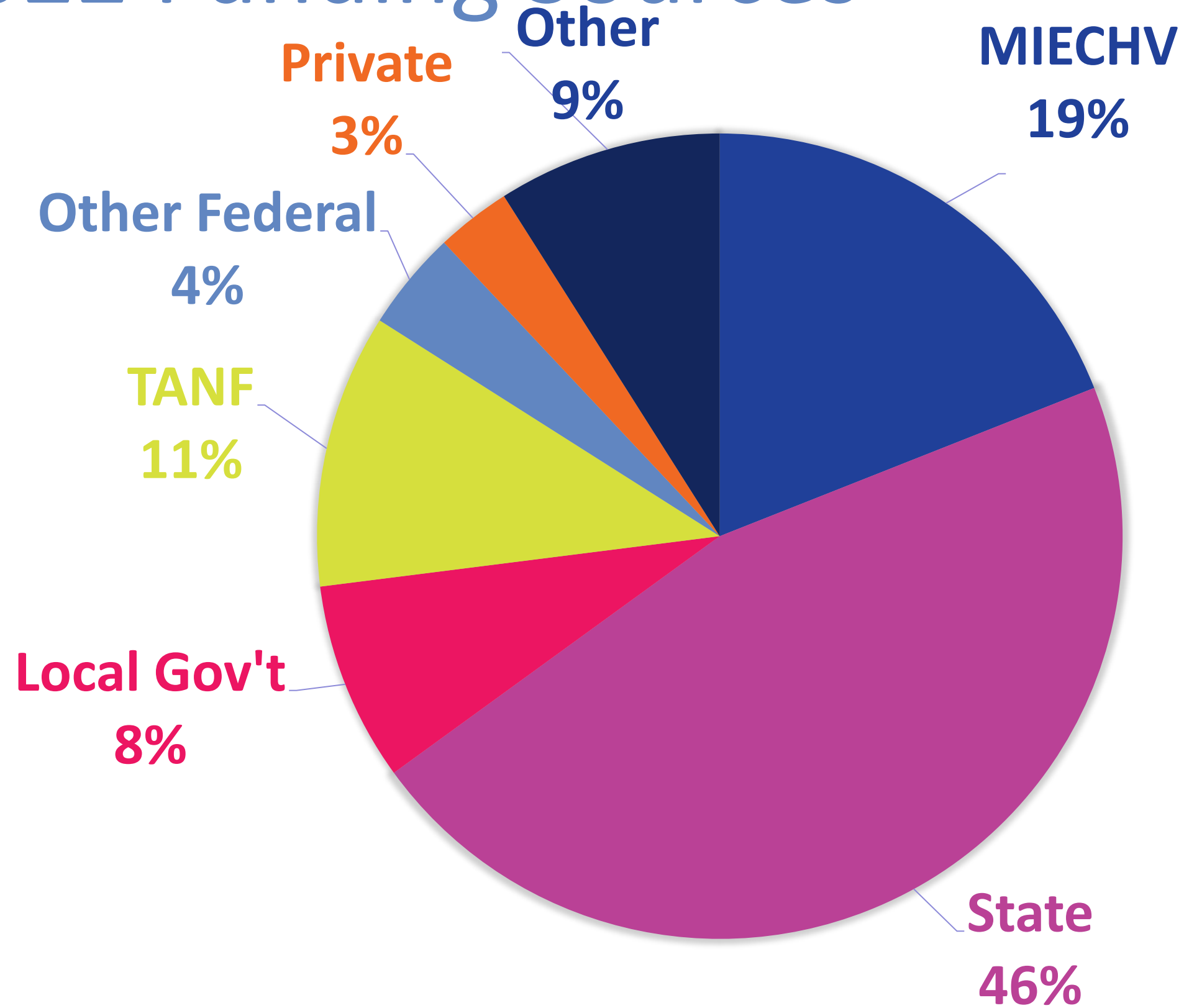
30%
fewer intimate partner violence
incidents resulting in injury



26%
fewer children
receive special
ed services

For more information and citations, see HFA's Evidence of Effectiveness at <https://www.healthyfamiliesamerica.org/our-impact/evidence-of-effectiveness/>

HFA 2022 Funding Sources





“I learned something new every week, every visit. This program has a lot of resources, a lot of places and help that we can get that we would otherwise not get elsewhere.”

– CARLA, NEBRASKA



nurture
the next



Raising the next generation, together.



About Us

We are the
Tennessee
Chapter of
Prevent
Child Abuse
America.



We provide hands-on support through Home Visiting.

We create lasting impact by working with parents and their children, reaching two-generations at once.

We are changing the landscape for families through advocacy and education.



Mission

*To create a future for
children and families filled
with promise and prosperity*





Vision

To see all children in Tennessee thriving in safe, stable, and nurturing families and communities



How We Are Funded

- Funded by 4 grants
- TN Department of Health (DOH) funds home visiting
- 92% of our funding comes from state and federal grants

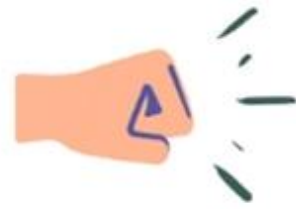




The Science

Support Healthy Brain Development

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Family Violence



Substance Abuse



Divorce



Priority Populations

- Low-income
- Pregnant or first-time mom under the age of 21
- History of child abuse or neglect or has had interactions with child welfare services
- History of substance abuse or need for substance abuse treatment
- Users of tobacco in the home
- Attained low student achievement or has a child with low student achievement
- Serving/served in the Armed Forces





**Community
Partnerships**

**Community
Events**



**Call Center
Referrals**

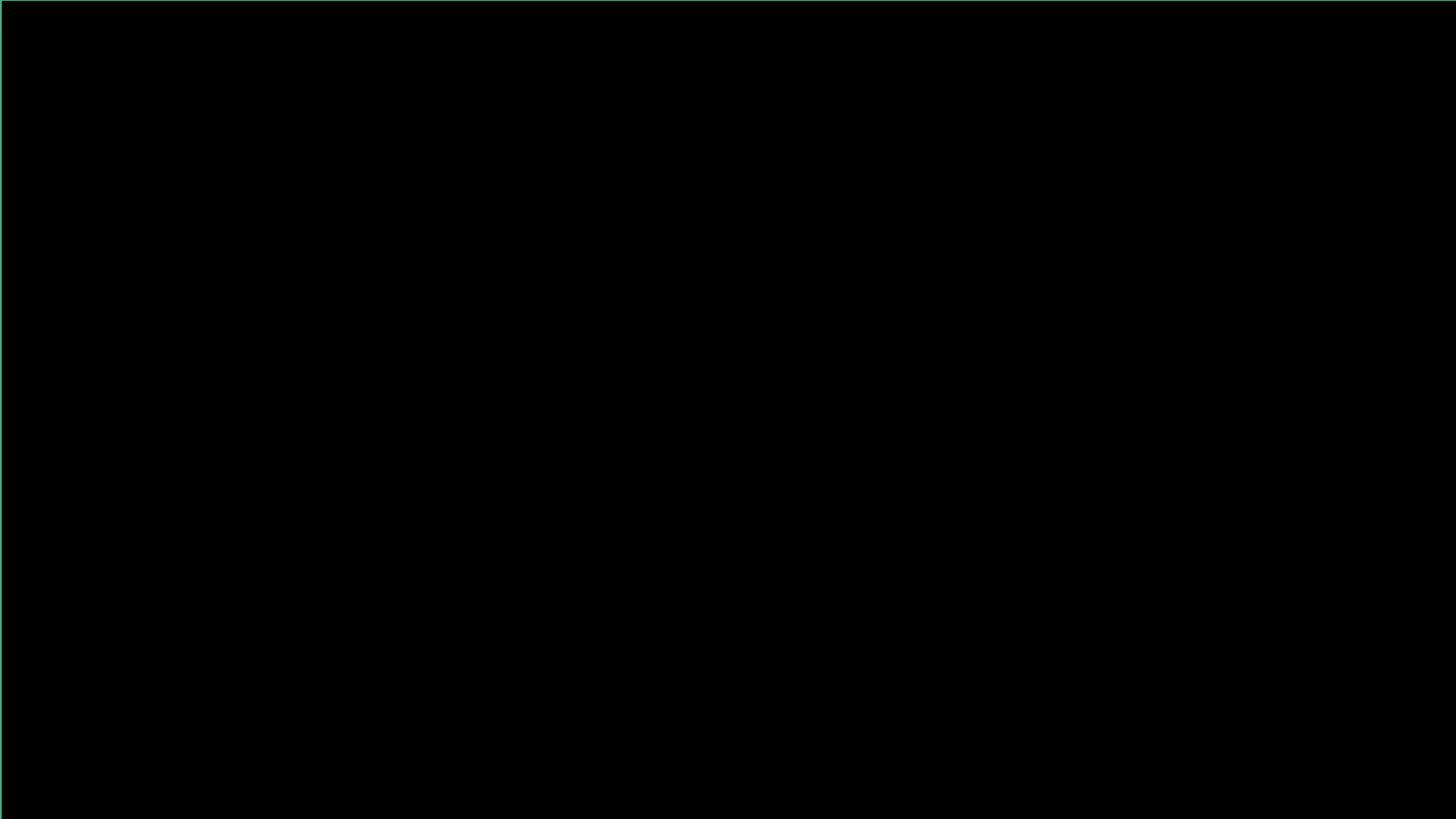
How We Connect With Parents



**Community Health
Access and
Navigation in TN
(CHANT) Referrals**

**Word of
Mouth**







Program Basics



- Must meet priority population criteria
- Moms must be pregnant and/or have delivered their child within the last 3 months
- Participation is confidential, free, and completely voluntary
- Our home visitors can stay with families and continue to provide support until the child's 5th birthday



Structure & Staff

- 2 Regional Program Managers
 - oversee daily operations



- 8 Supervisors
 - provide reflective supervision and support to home visitors



- 40 Home Visitors
 - serve about 15-20 families each





The Home Visitor Experience



- Meeting parents where they are
- Relationships
- Helping children thrive
- Celebrating family milestones
- Bridging the gaps



What a Home Visit Looks Like

- Family Resource & Opportunities for Growth Scale (FROG)
- Relationship building
- Tools
- Curriculum
- Family questions/concerns
- Resources
- Family goal plans
- Scheduling





Family Story

raising the next generation, together.



*Thank you!
Questions?*



Upstream Strategies: Pregnancy and Newborn Supports for New Parents Guided Panel Discussion

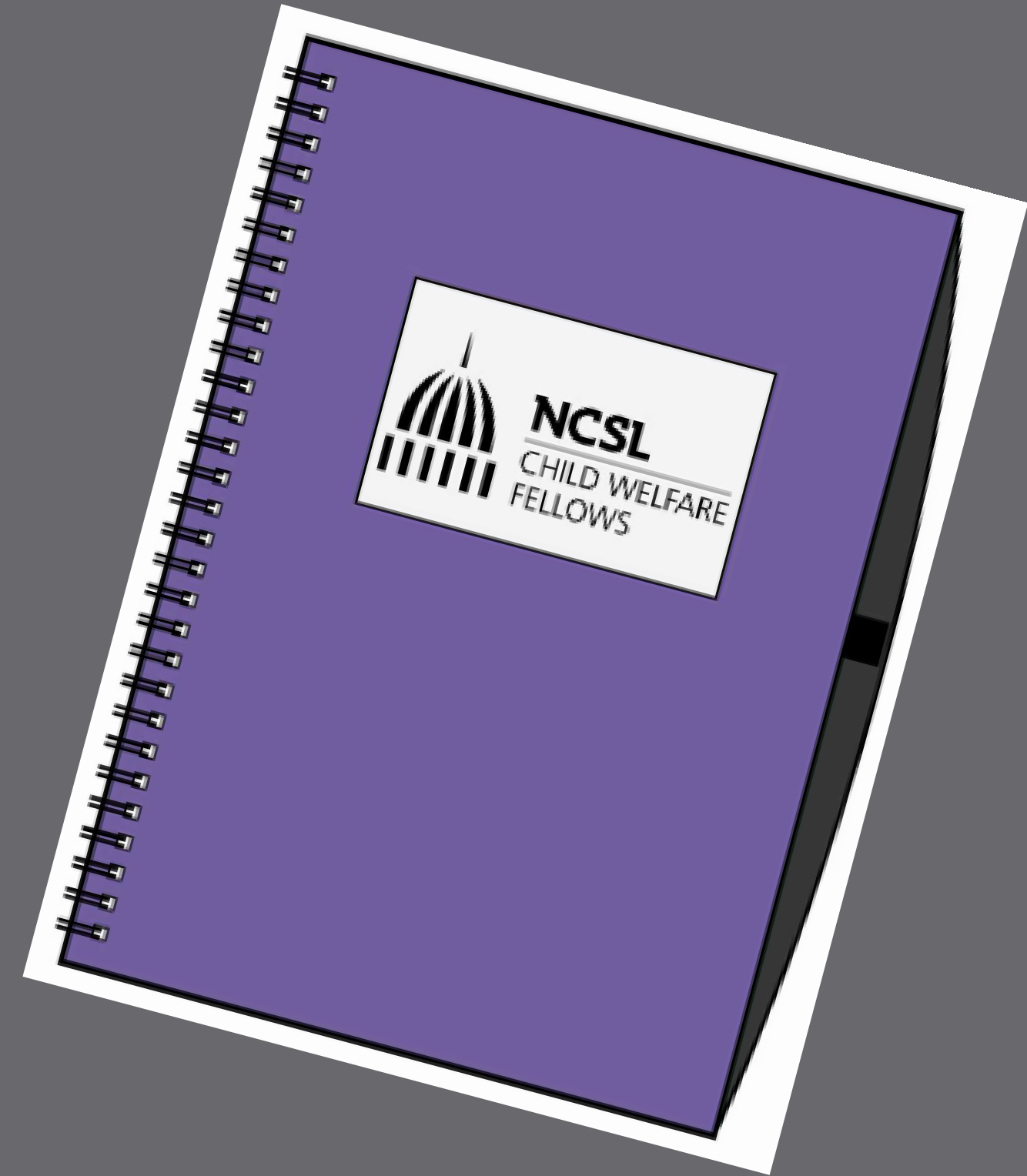




Reflection and Share Out

In your journal

- Jot down 1-2 things you learned during this session.
- Jot down 1-2 ways you might use what you learned in your state.



2023 Indy Legislative Summit

The logo features the NCSL capitol dome icon to the left of the text. 'NCSL' is in a bold, black, sans-serif font. 'LEGISLATIVE' is in a smaller, black, spaced-out, sans-serif font. 'SUMMIT' is in a large, bold, teal, sans-serif font. 'INDY 2023' is in a bold, orange, sans-serif font. The text is overlaid on a white rectangular background with a decorative pattern of teal and white squares on the right side.

 **NCSL** LEGISLATIVE
SUMMIT
INDY 2023

Aug. 14-16, 2023



**Take a 15-minute break.
See you back here at
10:15 a.m.**