

Roundtable Discussion: Rural Health Care Facilities

Samantha Scotti, Project Manager, NCSL Health Program

Rural Health Roundtable— Western States

May 19, 2023



- I. Rural Health Care Facilities: State Policy Levers
 - I. Kevin Davenport, NCSL
- II. Health Facility Programs and Efforts
 - I. Sarah Heppner, FORHP
- III. Group Discussion and Report Out



Index Card Activity

There are index cards on your table.

Please take 3-4 minutes to jot down one or more of these prompts ->

One question or statement per card.

A question you have about rural health facilities and/or policy levers.

A legislative effort you're proud of relating to rural facilities.

A legislative effort you're working on relating to rural facilities.





Presentation Overview



- Background
- Policy Levers
- NCSL Resources
- 0 Q & A







A. B

210 149

Trivia!

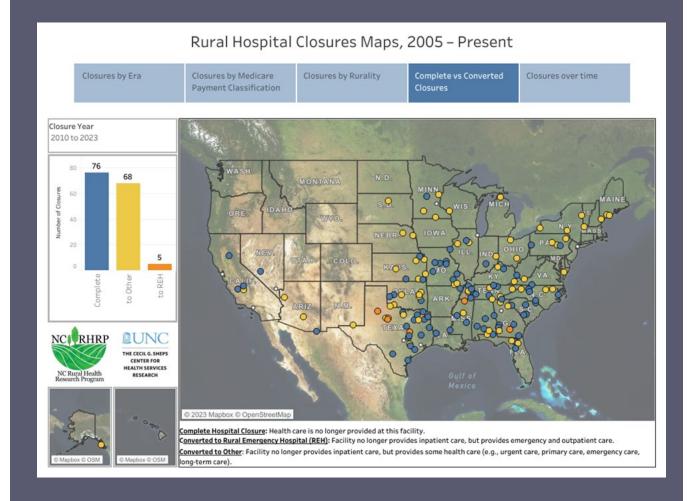
Since 2010, how many rural hospitals have closed or converted across the United States?

C. D

89 351

The answer is B!

According to the <u>Sheps Center</u> for Health Services Research, 149 rural hospitals have closed or converted since 2010.





Types of Rural Health Facilities



Federally Qualified Health Center (FQHC)

Freestanding Emergency Department (FSED)

<u>Critical Access Hospital</u> (CAH)

Rural Emergency Hospital (REH)

Skilled Nursing Facility (SNF)

Rural Health Clinic (RHC)



Services Provided By Facility Type



FQHC	FSED	САН	REH	SNF	RHC
 Preventative care Dental Mental health and substance abuse Transportation Hospital and specialty care 	 Emergency care Medical imaging Laboratory Physician visits 	 24/7 emergency care May operate distinct part rehabilitation and psychiatric units May provide general hospice care 	 24/7 emergency care Observational care Optional services: Behavioral health Radiology Laboratory Outpatient rehabilitation 	 Skilled nursing or medical care Rehabilitation needed due to injury, disability or illness Long-term care 	 Outpatient primary care Laboratory Preventative care Telemental health
https://www.ruralhealthinfo.org/topics/federally-qualified-health-centers	https://www.acep.org/patient -care/policy- statements/freestanding- emergency-departments	https://www.ruralhealthinfo.org/topics/critical-accesshospitals	https://www.ruralhealthinfo.org/topics/rural-emergency-hospitals	https://www.medicaid.gov/medicaid/long-term-services-supports/institutional-long-term-care/nursing-facilities/index.html	https://www.ruralhealthinfo.o rg/topics/rural-health-clinics

State Policy Levers for Rural Health Facilities



Facility Licensure



Staff Training and Other Requirements



Certificate of Need



Appropriations,
Facility
Reimbursement and
Grant Programs

TRIVIA: Facility Licensure

True or False: All 50 states require assisted living facilities to obtain some form of licensure.





TRIVIA: Facility Licensure

The answer is True!

True or False: All 50 states require assisted living facilities to obtain some form of licensure.





Health Facility Licensure: State Examples



Colorado

Standards for Hospitals and Health Facilities: General Hospitals

- Requires complete and accurate medical records shall be maintained on every patient from admission through discharge.
- Requires facilities to have an infection control program responsible for reducing the risk of acquiring and transmitting infectious diseases.
- Requires that there shall be a nursing department that provides complete, effective care to each patient.

Texas

Texas Hospital Licensing Law

- Directs executive commissioner to adopt rules addressing:
 - Minimum requirements for staffing by physicians and nurses;
 - Patient care and patient bill of rights; and
 - Compliance with other state and federal laws affecting the health, safety and rights of hospital patients.

TRIVIA: Staff Training and Other Requirements





True or False: Federal regulations require nursing homes to be staffed with sufficient nursing staff that have appropriate competencies.

TRIVIA: Staff Training and Other Requirements





True or False: Federal regulations require nursing homes to be staffed with sufficient nursing staff that have appropriate competencies?

The answer is True!

Staff Training and Other Requirements:



Training Requirements

- Florida ties substance misuse treatment facility licensure to staff requirements such as, appropriate education, credentials and training when necessary.
- North Carolina requires adult care home special care units to notify in writing of staff training that is dementia care-specific.

Staffing Requirements

- <u>California</u> mandates nurse-to-patient ratios in acute-care, acute-psychiatric and specialty hospitals.
- Colorado hospitals are required to form nurse committees tasked with developing staffing plans.
- Washington requires all staff at transition facilities to be classified as residential rehabilitation counselor II or have classification that indicates an equivalent or higher level of skill.





How many states, including the District of Columbia, utilize certificate of need?



A) 41

B) 27

C) 36

D) 19





How many states, including the District of Columbia, utilize certificate of need?



A) 41

B) 27

C) 36

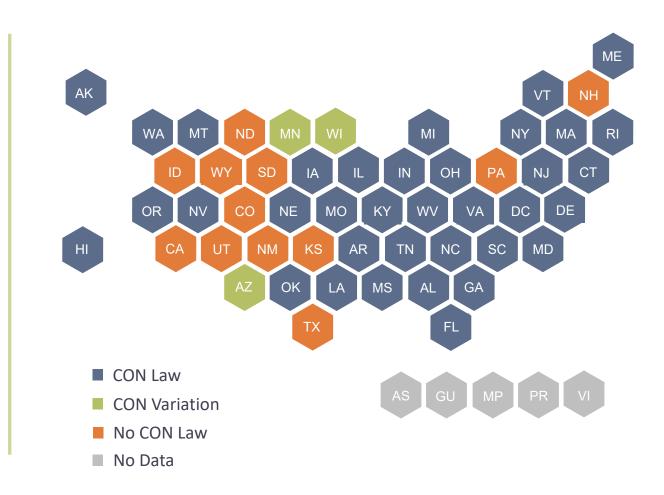
D) 19

Certificate of Need State Laws



CON laws generally require health care facilities to seek state-approval prior to expanding their capacity.

- Major CON Reforms
 - Montana <u>HB 231 (2021)</u> limits CON approval to long-term care facilities.
- CON Modifications
 - Kentucky <u>HB 777</u> (2022) exempts ambulance providers from CON approval.
 - Washington SB 6359 (2020) exempts rural health clinics in designated home health shortage areas from CON approval.



Source: NCSL, 2022

TRIVIA: State Funding

True or False: There is only one method for policymakers to fund rural health facilities.





TRIVIA: State Funding

False!

There are several ways local and state governments can fund and support rural hospitals.





State Appropriations, Facility Reimbursement and Grant Programs



State Appropriations

Michigan passed the General
Omnibus Appropriation Bill of
2022, which allocated \$11
million to the rural Sturgis
Hospital.

State Grant Programs

Minnesota (2023) – Rural Hospital Capital Improvement Grant. Reimbursement

<u>Washington</u> – SB 6032 (2018) increased state and federal funds for rural hospitals through increased Medicaid reimbursement (150%).

NCSL Resources

- Rural Emergency Hospitals (Webpage)
- <u>Certificate of Need</u> (Webpage)
- Health Costs, Coverage and Delivery State Legislation
 Database
- Improving Rural Health: State
 Policy Options for Increasing
 Access to Care (Policy Report)







Kevin Davenport Policy Associate



Reach out anytime!

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NCSL Rural Health Regional Roundtable Updates from the Federal Office of Rural Health Policy: Rural Health Care Facilities

May 19, 2023

Sarah Heppner
Associate Director
Federal Office of Rural Health Policy

Vision: Healthy Communities, Healthy People



HRSA Improves Health Outcomes and Addresses Health Disparities in Rural Communities

- More than 7,400 providers serving in a rural community, which includes nearly 3,100 rural primary care clinicians, more than 3,700 rural mental/behavioral health clinicians, and more than 600 rural dental clinicians.
- Over 1,800 rural health clinics, critical access and small hospitals participated in the Rural Health Clinic COVID-19 Testing Supply Program and conducted more than 20 million COVID-19 tests.
- 1 in 5 rural residents rely on HRSA-funded health centers for care.
- Over 400,000 unique individuals gain access to high-quality health care through Rural Health Outreach programs.







The Federal Office of Rural Health Policy

Established in Section 711 of the Social Security Act

The Federal Office of Rural Health Policy (FORHP) collaborates with rural communities and partners to support community programs and shape policy that will improve health in rural America.

Cross Agency Collaboration

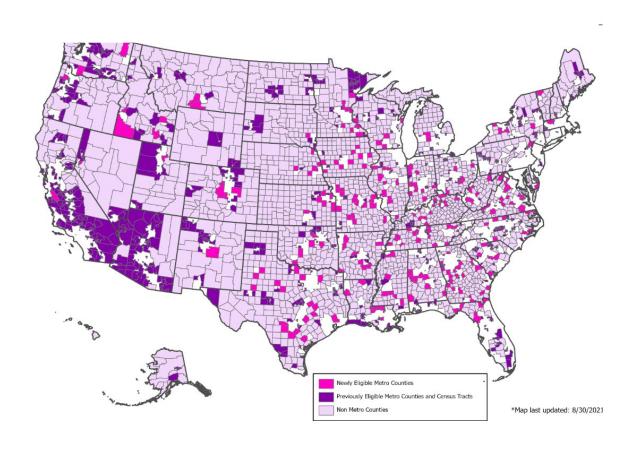
Works across HRSA, HHS, and several other federal partners to accomplish its goals

Capacity Building

Increases access to health care for people in rural communities through grant programs and public partnerships

Voice for Rural

Advises the HHS Secretary on policy and regulation that affect rural areas







Leveraging the Appropriate Programs

FORHP Grants Target Specific Areas of Concern



Building Capacity

These programs focus on developing a collaborative plan to address community need by bringing together partners and/or engaging in community planning.

- Rural Health Network
 Development Planning Program
- Rural Public Health Workforce
 Training Network Program
- Rural Northern Border Region Planning Program
- Rural Community Opioids Response Program



Expanding Services

These programs expand access to and improve the quality of health care in rural communities.

- Rural Health Outreach Services Program
- Rural Communities Opioid Response Program – Medication Assisted Treatment Expansion
- Rural Communities Opioid Response Program Implementation



Supporting Hospitals

These programs provide technical assistance and/or support to rural hospitals.

- Rural Healthcare Provider Transition Project
- Small Rural Hospital improvement Program
- Medicare Rural Hospital Flexibility (Flex) Program
- Rural Health Outreach Services and Network Development
- Rural Network Planning



Providing Direct Services

These programs directly improve upon the delivery of health care services and improve population health.

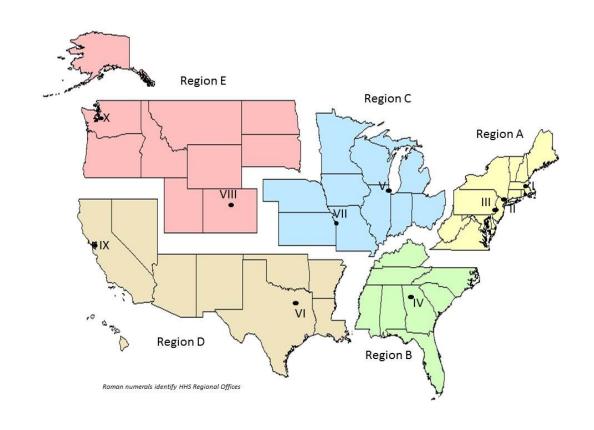
- Rural Health Care Services
 Outreach
- Small Health Care Provider Quality Improvement
- Delta States Rural Development Network
- Rural Maternity and Obstetrics Management Strategies Program
- Rural Care Coordination
- Rural Community Opioids Response Programs





State Offices of Rural Health

- Share information, resources and innovative projects with other rural health stakeholders
- Coordinate with other state partners on rural health issues
- Link rural health stakeholders to Federal and state resources
- Rural recruitment and retention





Connect with your SORH: https://nosorh.org/nosorh-members/



Direct Technical Assistance to Hospitals and Clinics

Free Services Available

Rural Healthcare Provider Transition Project

- Helps organizations in strengthening their foundation in key elements of value-based care: quality, efficiency, patient experience and patient safety.
- Eligible entities include small rural hospitals and Rural Health Clinics.
- Application Period: rolling application – apply now!

Targeted Technical Assistance to Rural Hospitals Program

- Provides targeted
 assistance to hospitals
 working to maintain health
 care services.
- Helps hospitals and communities understand community health needs and how to keep needed health care local.
- **Application Period:** Fall 2023

Delta Region Community Health Systems Development Program

- Provides intensive technical assistance to healthcare facilities in rural communities in the Mississippi Delta region.
- Helps strengthen the local health care delivery system to position for population health.
- Application Period: rolling application – apply now!





Customizable Communications Toolkits

National Rural Health Resource Center



Behavioral Health

The Behavioral Health Toolkit contains messaging focused on stopping mental health stigma and starting the conversation, as well as highlighting the new 9-8-8 national hotline.

Stop the Stigma. Start The Conversation In Your Community.



Vaccine Confidence (Translated into Spanish)

The "Learn. Understand. Decide." campaign, translated into Spanish, provides straightforward facts and addresses COVID-19 related myths and concerns that <u>targeted members of your rural community may share</u>.

Vaccine confidence for your Spanish-speaking community



The "Between Healing and Home" campaign focuses on providing patients with the tools they need to live independently so they can return home safely, successfully, and with a reduced risk of relapsing.

Encourage patients to recover closer to home



Pulmonary Rehabilitation

Three creative messages help educate patients and providers about pulmonary rehabilitation services that patients can easily access locally.

Educate patients and providers about critical services



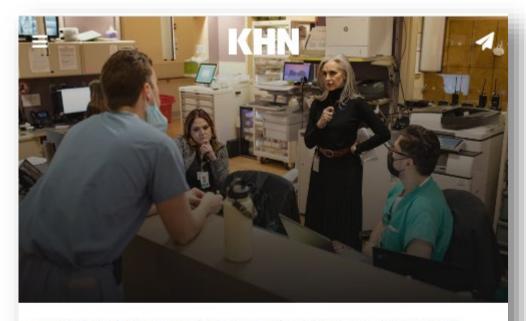


https://www.ruralcenter.org/programs/drchsd/customizable-communications-toolkit



Helping Rural Communities Assess New Models

The Rural Emergency Hospital Technical Assistance Initiative



Christina Campos (center right) speaks to staff in the emergency department at Guadalupe County Hospital in Santa Rosa, New Mexico. The hospital is one of the first to start the process of converting into a Rural Emergency Hospital as part of a new federal payment program. (ADRIA MALCOLM FOR KHN)

Struggling to Survive, the First Rural Hospitals Line Up for New Federal Lifeline

National Technical Assistance Center

Rural Health Redesign Center:
 https://www.rhrco.org/reh-tac;
 REHSupport@rhrco.org

Supplemental Funding for State Flex Programs

Outreach and broad education

Supplement to HRSA partners

- National Conference of State Legislators:
 - Tracking state activity on establishing laws on REH licensure: https://www.ncsl.org/research/health/rural-emergency-hospitals.aspx
- National Academy for State Health Policy
 - Developing model licensing language
 - https://www.nashp.org/medicares-new-rural-emergencyhospital-designation-considerations-for-states/

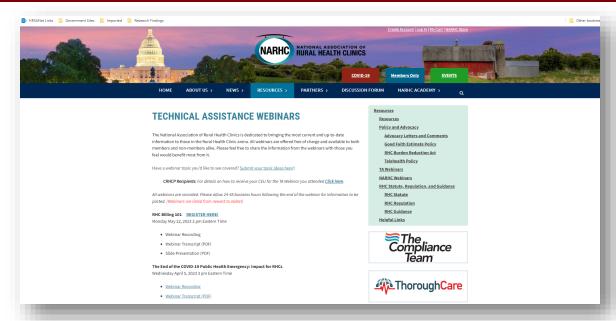




Supporting Rural Health Clinics

Technical Assistance Series

- Cooperative agreement providing assistance, solutions, and information to RHCs on key policy, regulatory, programmatic, and clinical issues
 - Highlights of NARHC TA:
 - Technical assistance webinars
 - Recordings, slides and transcripts are posted <u>https://www.narhc.org/narhc/TA_Webinars1.asp</u>
 - NARHC forums and email listserv: online information exchange/referral service
 - Sign up
 https://www.narhc.org/discussionforums/DiscussionDe
 fault.asp
 - NARHC website and resources: online information to disseminate key priorities and resources on specific topics (e.g., good faith estimate, telehealth policy)



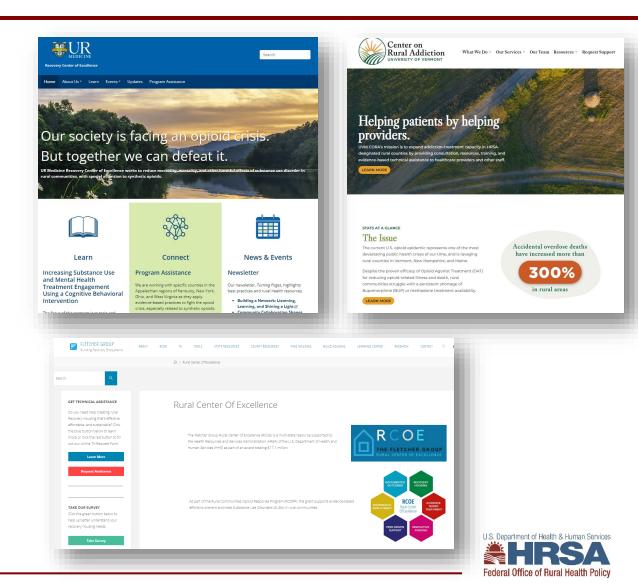
https://www.narhc.org/narhc/TA Webinars1.asp



Behavioral Health Resources

Rural Centers of Excellence

- University of Vermont
 - Focused on innovative and effective treatment interventions for SUD, particularly OUD, in rural communities
 - √ https://uvmcora.org/
- University of Rochester
 - Focused on addressing synthetic opioid-related overdose mortality in rural communities in the Appalachian region
 - √ https://recoverycenterofexcellence.org/
- The Fletcher Group in collaboration with the University of Kentucky
 - Focused best practices in recovery housing programs for SUD, particularly OUD; interventions among lowincome, high-risk individuals in rural communities
 - √ https://fletchergroup.org/rcoe/



Behavioral Health Resources

Rural Communities Opioid Response Program Technical Assistance

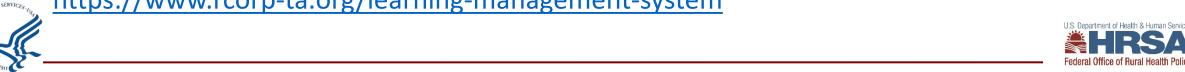
Learning Management System

A collection of publicly available self-paced, interactive online training modules. Module topics include:

- Prevention, Treatment, and Recovery activities
- Addressing stigma
- Needs assessment and gap analysis
- Developing a strategic and action plan
- Planning for sustainability
- And more!

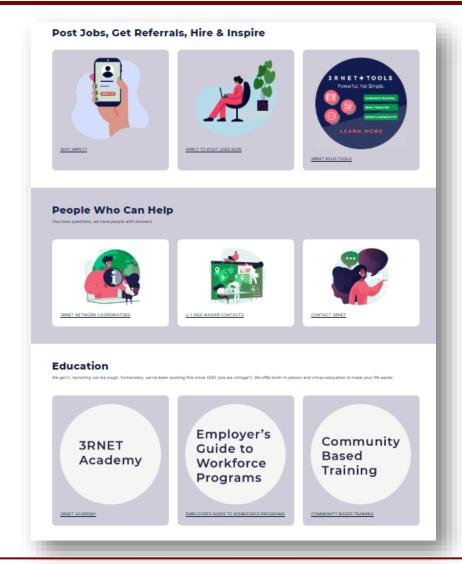


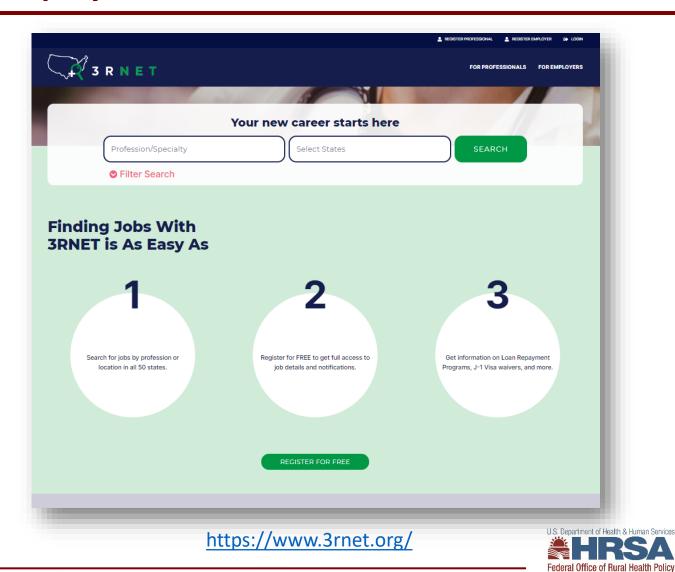
https://www.rcorp-ta.org/learning-management-system



The National Rural Recruitment and Retention Network

3RNET - State Level Resource for Employers and Professionals





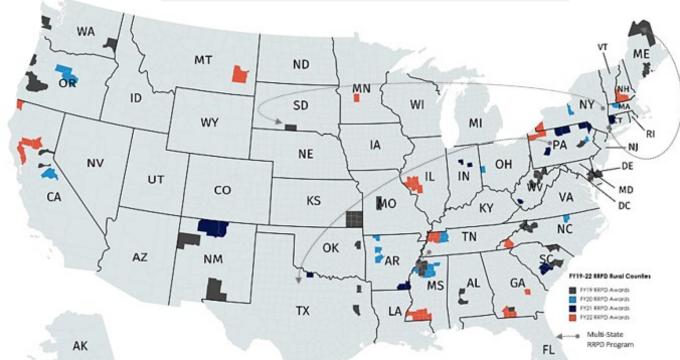


Rural Residency Planning & Development (RRPD) Program

Creating Sustainable Rural Residencies

FY19-FY22 RRPD Grant Program

- HRSA awarded \$43.4M to 58 award recipients spanning across 32 states and 5 medicine disciplines.
- Support the development of new, accredited and sustainable rural residency programs in family medicine, internal medicine, psychiatry, general surgery, preventive medicine, and obstetrics and gynecology.
- Created 39 new accredited rural residency programs for 524 new resident positions* in family medicine, psychiatry, internal medicine and general surgery.
- 22 Programs enrolled nearly 190 resident physicians training in rural clinical settings

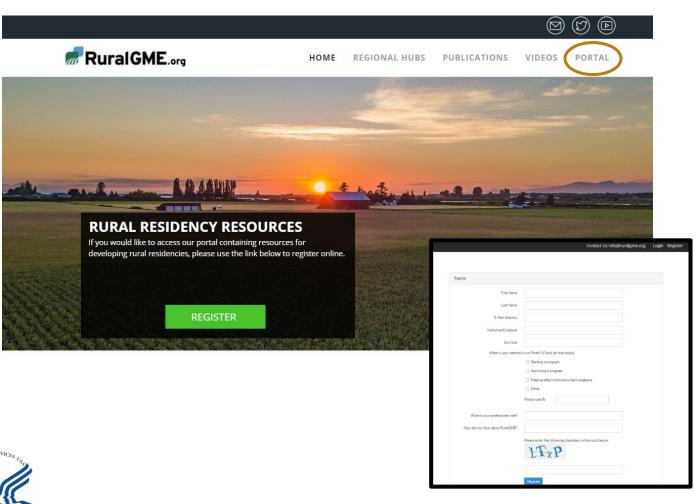


FY19-22 RRPD Rural Counties





Rural Residency Development Technical Assistance



- Rural GME development resources and tools available via the <u>RuralGME.org</u> portal
- To register for free access to portal resources, visit:

https://portal.ruralgme.org/register



Rural Telementoring Training Center

Technical Assistance and Evaluation Program



- National resources to implement and evaluate telementoring programs
- To request training and technical assistance: https://ruraltelementoring.org/interest/





Health Policy and Research

Accessible and Through a Rural Lens





Questions about Policy Updates?

Write to ruralpolicy@hrsa.gov





Announcements from the

Federal Office of Rural Health Policy

July 15, 2021

What's New

HHS Boosts Funding for COVID-19 Response in Rural Areas. On Tuesday, the U.S. Department of Health & Human Services (HHS) announced \$398 Million for COVID-19 testing and mitigation. The funds will be distributed by State Offices of Rural Health to 1,540 rural hospitals through the Small Rural Hospital Improvement Program.

One Month Left to Enroll in, or Change, Health Insurance Marketplace Coverage. Last week, HHS released a report on current trends and challenges to accessing affordable health care in rural America. Analysts found that, although uninsured rates have fallen in rural areas, other barriers to care such as geographic distances, infrastructure limitations, and provider shortages contribute to rural health disparities. The report comes one month before the special enrollment period for qualified individuals and families ends on August 15. As noted in the HHS brief, 65 percent of the 1.9 million rural uninsured individuals in HealthCare.gov states may be able to find a zero-premium plan on the platform.

NOSORH Accepting 2021 Community Star Nominations. The National Organization of State Offices of Rural Health (NOSORH) seeks nominations until August 2 of individuals, organizations, or consortia making a big difference in the health of rural communities.

COVID-19 Resources

<u>Rural Health Clinic Vaccine Distribution (RHCVD) Program</u>. Under the program, Medicarecertified RHCs will receive direct COVID-19 vaccines in addition to their normal jurisdictions' weekly allocation. Contact RHCVaxDistribution@hrsa.gov for more information.





Telehealth.HHS.gov

Telehealth.HHS.gov is a trusted, timely, and one-stop resource for patients, providers, and researchers for everything they need to know about telehealth including:

- Best practice guides
- Licensure
- Policies
- Research
- Funding opportunities
- Events
- Tip sheets
- Videos









Telehealth Resource Center Program

The **Telehealth Resource Center Program** (**TRC**) supports the delivery of telehealth technical assistance.

- National Policy Telehealth Resource Center
- National Technology Telehealth Resource Center
- 12 Regional Telehealth Resource Centers

In 2022, TRCs had over **6,000 technical assistance** inquiries.



HHS Telehealth Resources

Telehealth.HHS.gov

https://telehealth.hhs.gov/

Office for the Advancement of Telehealth

https://www.hrsa.gov/rural-health/topics/telehealth

Telehealth Centers of Excellence

https://telehealthcoe.org/

Telehealth Resource Centers

https://www.telehealthresourcecenter.org/

ProviderBridge

https://www.providerbridge.org/



TELEHEALTH.HHS.GOV



Telehealth Centers of Excellence











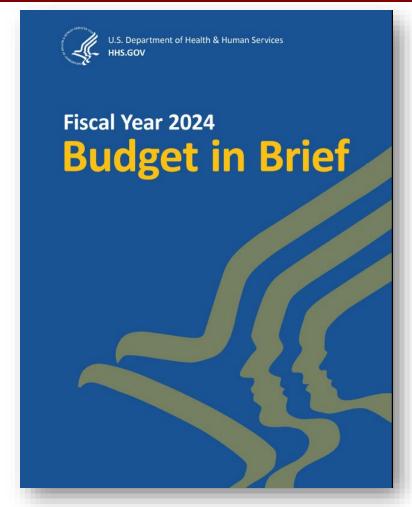
New Proposals for 2024

From the Administration's Budget

The Budget provides \$415.9 million, an increase of \$63.4 million, to expand access and improve health care in rural communities

- +\$10 million for the Rural Health Clinic Behavioral Health Initiative to expand access to behavioral health care services
- +\$10 million for Financial and Community Sustainability for At-Risk Rural Hospitals to provide expert technical assistance to rural hospitals severely at-risk for imminent closure
- +\$20 million for the Rural Service Lines Pilot to enhance or expand service lines to support people where they live
- +\$20 million for the Rural Communities Opioid Response
 Program

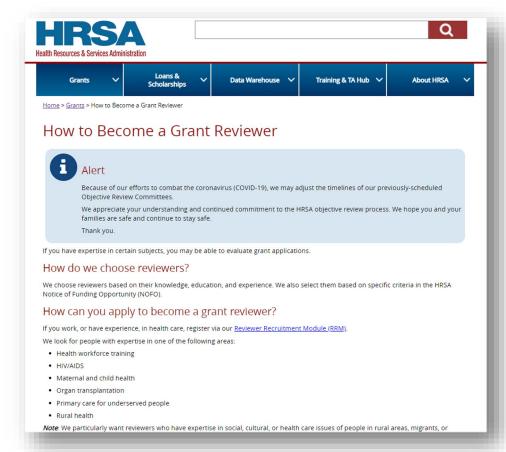
https://www.hhs.gov/about/budget/fy2024/index.html





HRSA Needs Your Help!

- Consider Being a Grant Reviewer
- Ensures We Get the Rural Perspective
- Provides a good insight into the grants process
- Key Steps:
 - Once registered not rural as your area of expertise
 - Let us know when you are in the database (so we can select you)
 - ✓ Email Lisa Chechile at lchechile@hrsa.gov





https://www.hrsa.gov/grants/reviewers



FORHP Weekly Announcements

Focus on ...

- ✓ Rural-focused Funding opportunities
- ✓ Policy and Regulatory Developments Affecting Rural Providers and Communities
- ✓ Rural Research findings
- ✓ Policy updates from a Rural Perspective

To sign up:

https://public.govdelivery.com/accounts/USHHS HRSA/subscriber/new?qsp=HRSA-subscribe





Announcements from the

Federal Office of Rural Health Policy

January 12, 2022

What's New

Ending Sunday: Open Enrollment for Health Insurance. The Centers for Medicare & Medicaid Services has a collection of tools for helping individuals and families get health insurance during the Marketplace Open Enrollment period, November 1, 2022 through January 15, 2023. Graphics, social media messages, and customizable posters and fact sheets, are available in English, Spanish, Chinese, Korean, and Vietnamese. Marketplace plans are an important source of coverage for people in rural areas, who represent approximately 15 percent of Marketplace enrollees in states using HealthCare.gov.

New Awards to Train Doctors in Underserved Areas. The Centers for Medicare & Medicaid Services (CMS) awarded the first round of Medicare-funded residency slots to 100 teaching hospitals across 30 states, the District of Columbia, and Puerto Rico, effective July 1, 2023. The graduate medical education slots prioritize hospitals located in Health Professional Shortage Areas, and the majority are allocated for primary care – including obstetrics/gynecology – and mental health specialties. CMS is set to create 200 new positions every year over the next five years. The application period for the second round of 200 residency slots will open in January 2023 and close on March 31, 2023.

Finding Doctors Offering Medicare-Paid Telehealth. The Centers for Medicare & Medicaid Services (CMS) added a telehealth indicator on Medicare Care Compare, the site that allows consumers to search for doctors, clinicians, groups, and facilities accepting Medicare beneficiaries. Last year, CMS reported a 30-fold increase in telehealth services. The new indicator helps beneficiaries and caregivers more easily find clinicians who provide telehealth services.

Extended: HHS Seeks Feedback on Tribal Consultation Policy – New Deadline, January 27.

HHS extended the deadline for submitting comments on the updated draft HHS Tribal

Consultation Policy to January 27, 2023. The updated draft addresses comments and





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Rural Health Questions?

Email RuralPolicy@HRSA.gov



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Walk Away with a Takeaway!

What is one thing you learned during this session?

