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Texas Child Mental Health Care Consortium

Children's Mental Health

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Current Landscape

14-20%

Estimated annual percentage of young people with mental health needs.

1:5

Number of children who have mental, emotional or behavioral disorders.



Current Landscape

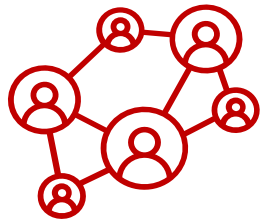
Suicides are the second leading cause of death among adolescents.

If untreated, mental health conditions that develop during adolescence can persist into adulthood.

Access to services is a challenge.



Challenges Accessing Care



Access to an array of
mental health services



Reliance on out of
home placements



Workforce recruitment
and retention



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Funding

Children's mental health services are financed through various federal, state, and local agencies.

- Child protective services
- Mental health
- Juvenile justice
- Education
- Medicaid
- Medicaid waivers
- Private insurance



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Possible Solutions

- Engagement across sectors/agencies/funders
- Early identification
- Access to a full array of needed treatments/interventions
- Inclusion of family partners , community health workers and peer support specialists
- Multi -sector children's mental health strategic plan (local and state coordination)
- Workforce initiatives focused on children's mental health professionals
- Suicide prevention programs



Services to Improve Access



Telehealth



Home-based services



Mobile crisis teams



Primary and mental health
service integration



Measurement-based
care



School-based services



Alternatives to foster
care and out-of-home
placements



Intensive outpatient
services



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Established through Senate Bill 11 of the 86th Legislative Session to:

- 1. Leverage the expertise and the capacity of the health -related institutions of higher education in Texas to:**
 - address urgent mental health challenges;
 - improve the mental health care system in this state in relation to children and adolescents; and
- 2. Enhance the state's ability to address mental health care needs of children and adolescents through collaboration of the health -related institutions of higher education.**



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Texas Child Mental Health Care Consortium Programs

More info at
www.tcmhcc.utsystem.edu/



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Child Psychiatry Access Network (CPAN)



Texas Child Health Access
Through Telemedicine



Community Psychiatry Workforce
Expansion



Child & Adolescent Psychiatry
(CAP) Fellowships



Children's Mental Health
Research

Luanne Southern

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- <https://tcmhcc.utsystem.edu/>
- <https://www.nncpap.org/>
- www.ncbi.nlm.nih.gov/books/NBK32776/
- www.cdc.gov/childrensmnetalhealth/access.html
- Age of onset of mental disorders: a review of recent literature - PubMed (nih.gov)
<https://pubmed.ncbi.nlm.nih.gov/17551351/>
- <https://www.cdc.gov/suicide/facts/index.html>
- www.cdc.gov/childrensmnetalhealth/access.html
- Measurement-Based Care in the Treatment of Mental Health & Substance Use Disorders - MMHPI - Meadows Mental Health Policy Institute <https://mmhpi.org/project/measurement-based-care-in-the-treatment-of-mental-health-substance-use-disorders/>
- Collaborative Care Model - MMHPI - Meadows Mental Health Policy Institute <https://mmhpi.org/topics/educational-resources/collaborative-care-model/>



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