

NCSL POLICY PURSUIT!

Hot Topics in Behavioral Health

Rules of the Game

- Teams will answer questions by category as they appear on the board—starting with ARPA and ending with mental health parity.
- Teams still have the choice of which dollar amount they want to go for.
- Teams will have 20 seconds to discuss their answer.
- If a team answers a question wrong, we will give the next team a chance to steal. If they *also* get it wrong, the third team gets a chance as well.
- Teams must answer questions in classic Jeopardy format (e.g., “Who is Kelly?”).
- Tie = Final Jeopardy

ARPA Funding

\$100

\$200

\$300

988 Hotline

\$100

\$200

\$300

**Social
Determinants
of Health**

\$100

\$200

\$300

**Mental Health
Parity**

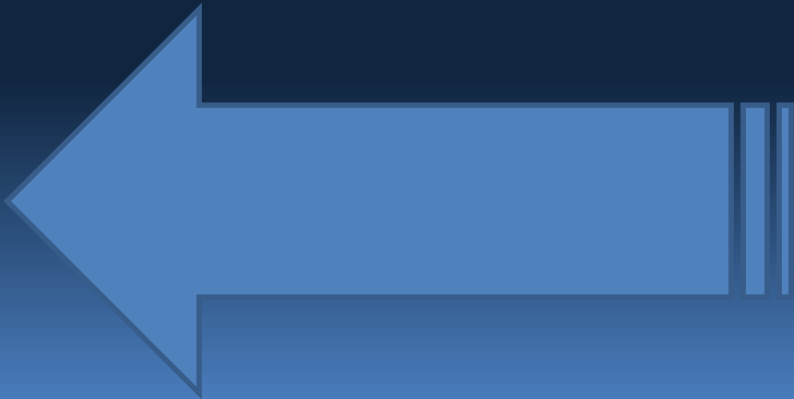
\$100

\$200

\$300

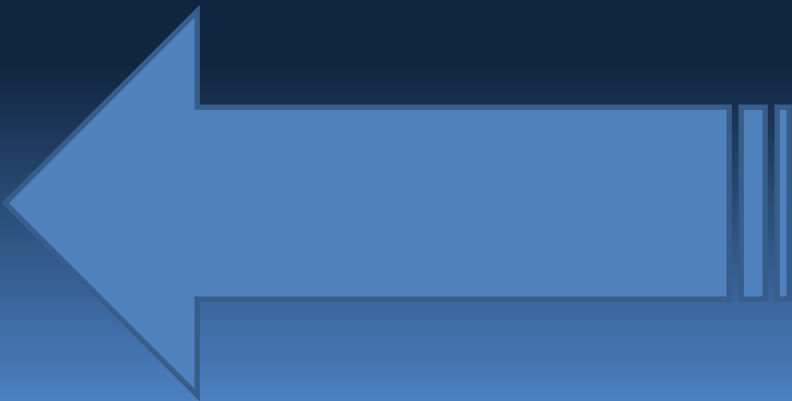
ARPA Funding \$100

Recognizing the pandemic has affected more than just our physical health, at least 19 states have allocated ARPA funding to focus on this.



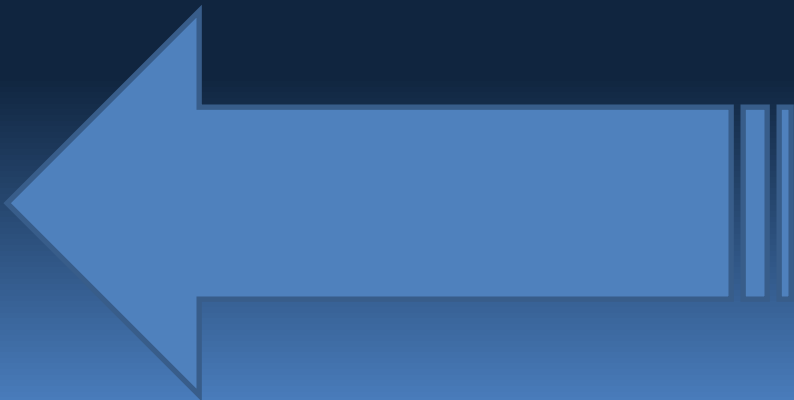
ARPA Funding \$200

States have leveraged ARPA funding to address the mental health crisis among this subset of the population, as highlighted by the U.S. Surgeon General in December 2021.



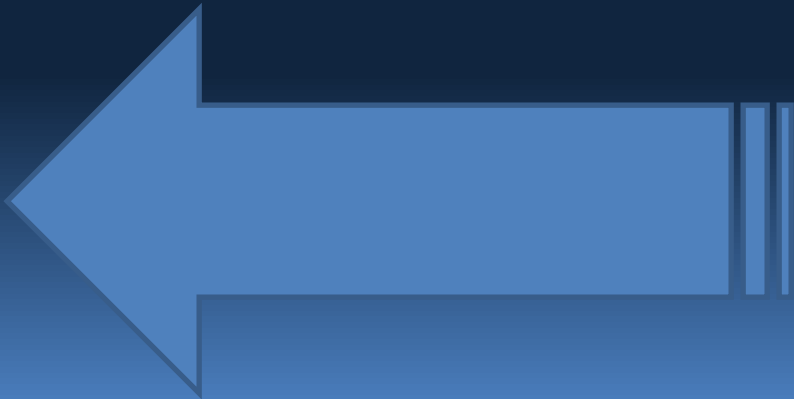
ARPA Funding \$300

This Rocky Mountain state allocated ARPA funds for the "Behavioral Health Recovery Act of 2021".



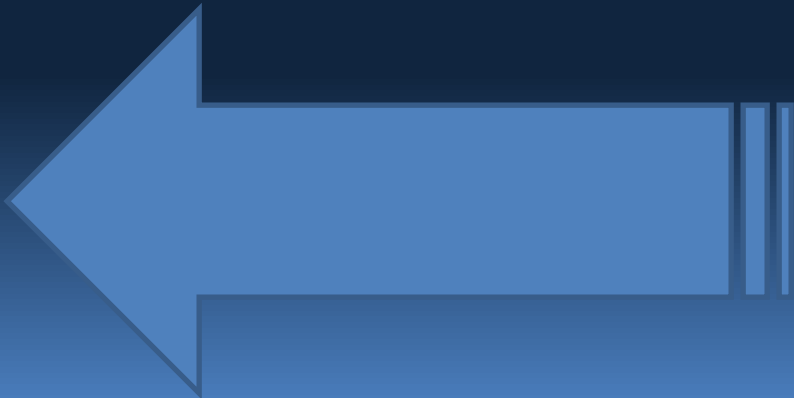
988 Hotline \$100

States can use this fee to raise revenues to support 988 in their states.



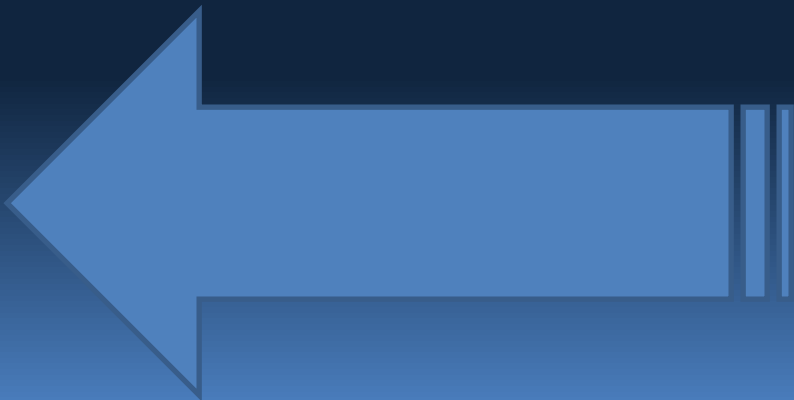
988 Hotline \$200

These teams, often made up of trained health care workers, social workers, and first responders, can provide health care services outside of traditional brick-and-mortar settings.



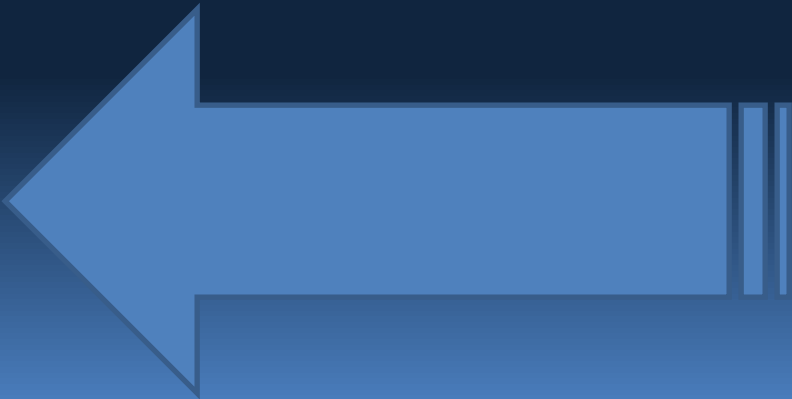
988 Hotline \$300

These services provide short-term intensive behavioral health care to individuals and can keep them out of emergency departments.



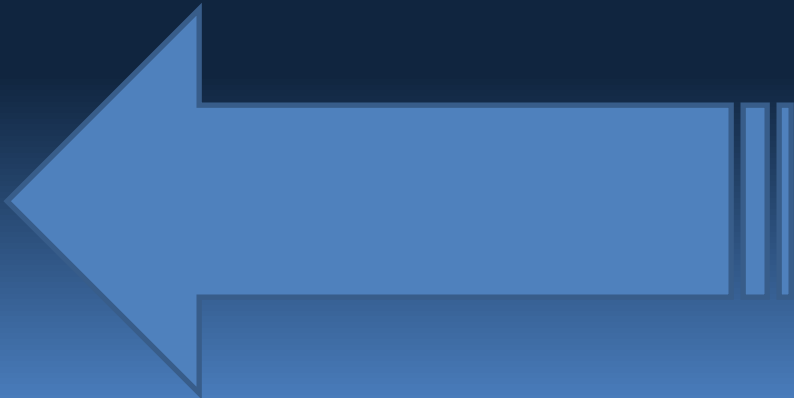
Social Determinants of Health \$100

What policy option allows parents to bond with children after birth, adoption or foster placement and has also been known to improve mom's mental health?



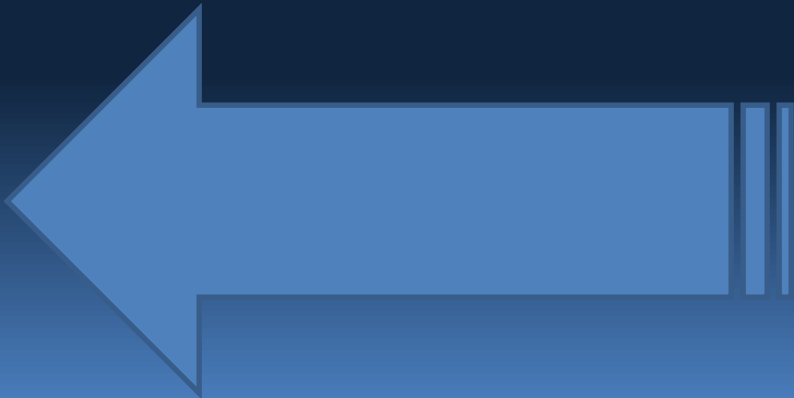
Social Determinants of Health \$200

These are geographic areas where residents have few to no convenient options to buy affordable and healthy foods—especially fresh fruits and vegetables.



Social Determinants of Health \$300

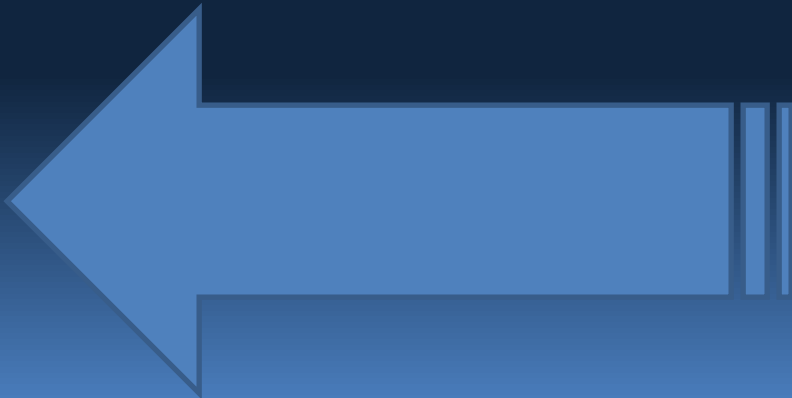
These savings accounts could help close wealth gaps and reduce income inequality. Created for children at birth, they receive deposits \$1,000-\$2,000 annually until the child turns 18.



Mental Health Parity \$100

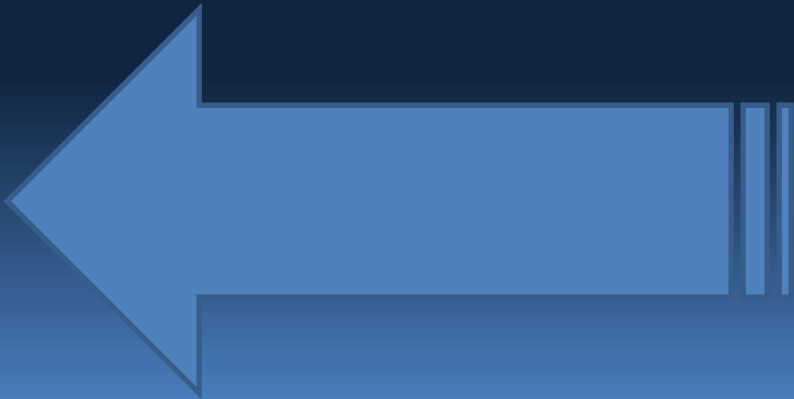
True or False:

If state law requires plans to cover mental health conditions, then they must do so, even though federal parity makes inclusion of any mental health benefits optional.



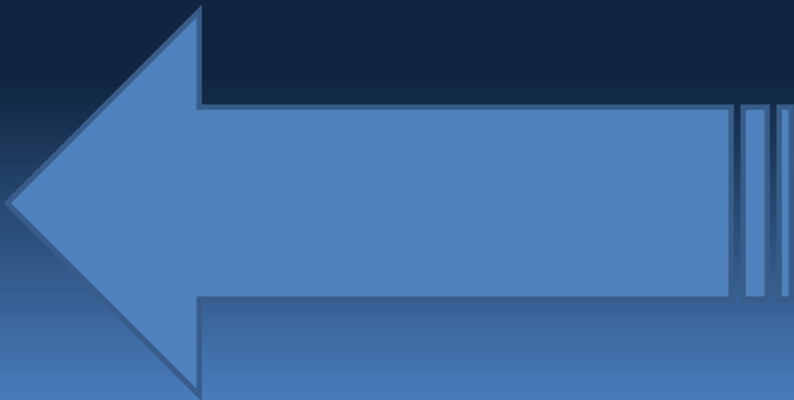
Mental Health Parity \$200

I have purchased a plan from my state health care exchange. If I want to file a complaint relating to my mental health parity coverage, I would file a complaint with this state agency.



Mental Health Parity \$300

Whether or not a plan is covered by federal parity law depends on the kind of health plan a person is enrolled in. This type of plan – public or private – does not have to comply with the federal parity law.



Final Jeopardy

These health care providers, who are in recovery themselves, can help other people with a substance use disorder navigate their care options and recovery.